

Vol. XIIPublished Monthly in San Francisco, CaliforniaNo. 12By the Northern California Council of Alcoholics Anonymous

# State AA Convention Slated For Denver, Colorado, August 14

Vacation-minded AA members that have a yen for the fishing and hunting that abound in the Rocky Mountains, may combine the serious business of casting an accurate fly in a Colorado trout stream with the rewarding fun of attending a three-day AA convention in Denver.

Friday, Saturday and Sunday, August 14 through 16, the famous Brown Palace Hotel, Denver, will be the scene of a three-day AA State Convention already known as the "high but dry state convention."

#### **Top Speakers**

An impressive roster of nationallyknown AA speakers have been marshalled from all over the U. S. by the Speakers Committee of the convention body. These include: Tom L., Alexandria, Va.; Sudy C., Odessa, Tex.; Chuck C. and Mrs. Chuck C., Beverly Hills, Calif.; Joe L., Tyler, Tex.; Jack O., San Antonio, Tex., & Doctor C., Odessa, Tex.

#### **Open House**

Kicking off the weekend conclave, Group No. 1 of Denver is holding an open house at 1311 York Street, Denver. Highlighting Saturday's activities is a festive banquet and a gala dance scheduled in the main ballroom of the Brown Palace.

On Sunday morning a sumptuous Delegate Breakfast is slated for the dining salon of the Brown Palace.

#### **Business Sessions**

Throughout the three days ,a variety of business and committee meetings have been scheduled. These include General Service, Hospital and Institution committee sessions, Alanon meetings, Secretaries and Inter-Group sessions.

All activities connected with the Convention will be conducted at the Brown Palace excepting the "open house" at 1311 York Street. The Con-

(Continued on page 7)

# Bridge Lessons At Alano Club

Under the expert tutorage of the noted bridge authority Pete Mott, weekly bridge lessons will be conducted under the sponsorship of the San Francisco Alano Club, 414 Grant Avenue, near the "Gateway to Chinatown."

Bridge classes commence Tuesday, August 11, starting at 6:30 p.m. Pete Mott and a bridge committee will offer advice and counsel on the fine art of playing the game properly.

Expert, amateur or novices are cordially invited to participate.

## **Avenue** Alanon

Speakers have been named for Avenue Alanon's meeting scheduled for Wednesday, August 19, at 8:30 p.m., Murrel S., program chairman, announced.

A husband-and-wife team will share the Speaker's dais to relate how Alanon and Alcoholics Anonymous harmoniously works for the betterment of each when it is a joint effort.

Viola N., a member of Alanon in San Mateo, and her husband, Del, an AA member of San Mateo Group will do the speaking.

Avenue Alanon meets every Wednesday evening at St. Boniface Parish auditorium ,133 Golden Gate Avenue, in downtown San Francicso.

# Good Speakers Listed on "Big Meeting" Roll

Eight able speakers will be talking to AA audiences during August at the All-Groups Meetings sponsored by S. F. Inter-County Fellowship at 240 Golden Gate Avenue in downtown San Francisco.

Sometimes called "AA's Showcase Meetings", they are held every Friday throughout the year at 8:30 p.m. The meeting hall is particularly adapted for AA meetings with a fine public address system, comfortable padded seats, air conditioning, and an elevator to the third floor where meetings are conducted.

Roger O'D., program chairman, has marshalled an outstanding roster of speakers, among them a Roman Catholic Priest. The August meetings are as follows:

Friday, Aug. 7—Roberta McD., San Francisco Inter-County Fellowship; and Paul G., San Francisco-Marin Breakfast Group.

Friday, Aug. 14—Eugene H., S. F. Industrial Club; and The Reverend Thomas Lacey, pastor, St. Mathias Church ,Redwood City.

Friday Aug. 21-L. L. "Verne" S., Kansas City; and Art R., Pacifica Group.

Friday, Aug. 28—Margaret P., Los Gatos Group; and Harry A., also from the Los Gatos Group.

Doors open at 7 p.m. and the Coffee Bar starts service at 7:30 p.m. Parking at nominal costs is available around corner on Leavenworth St.

All meetings at 240 Golden Gate Avenue are open and the public is invited.

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# August Alano Club Activity

The S. F. Alano Club, whose facilities at 414 Grant Avenue is a gathering place for AA's from everywhere in the West, have lively, interesting social events every month throughout the year. Paul "Bus" D., program chairman, announced the following August events:

Saturday, Aug. 1—Big Pre-Picnic Dance. This is a "get-together" affair where friends can make final plans for the great Annual AA Picnic at Blackberry Farm, Sunday, August 16. Door prizes and the "Jumpin' Jacks", of course.

Saturday, Aug. 15 — No dance scheduled in deference to the Annual Picnic occuring next day.

Saturday, Aug. 29—AA Birthday Party and Dance. This is the lively monthly affair when all AA's (who ever they may be) whose AA Birthday happens in August, is given recognition. Coffee, cake and fun.

The Alano Club of San Francisco is located at the gateway to San Francisco's picturesque Chinatown. Since it is a tourist's delight, AA members find the club makes an instantaneous hit with out-of-town visitors.

## 300 at Soledad's Gala Open House

A turnout of some 300 outside visitors — composed largely of Hospital and Institution delegates and committeemen — attended Soledad's Annual Open House, Sunday, June 21.

A beautiful summer day, plus the spontaneous enthusiasm of the "inside group" made it an eventful gathering, onlookers reported.

Bill S., regional chairman, Central Valley H & I Committee, said, "The cooperation extended by officers and staff of the Soledad institution makes H & I work worthwhile." Bill, emcee for the annual affair, stated that to pick out the best speaker from the panel who spoke at the Open House would be an impossibility since all were "outstanding carriers of the message."

#### GOOD NEWS

## First Bay Area AA Member Here

Away back in 1939, Fred C., founded AA in the Bay Area, Sober for a quarter century, Fred was a recent visitor in San Francisco.

He was welcomed at the central office of S.F. Inter-County Fellowship and shown around the headquarters by Jack I., central secretary .

Completely recovered from a series of operations, Fred looks and feels fine. Presently a resident of Sebastopol, Fred reports he'll soon move back to Marin County

## **KFRC Al-Anon Talk**

Thanks to the courtesy of Radio Station KFRC and the cooperation of S.F. Inter-County Fellowship, time was recently made available for an outline on the functions of Al-Anon.

The talk was made by Betty W., volunteer worker of the Al-Anon Family Group office. She gave a concise description of the role Al-Anon plays in the lives of relatives and friends of the alcoholic.

Pointing out that understanding and knowledge of the nature of the problem can bring growth and serenity to those, who through ignorance, felt only guilt, frustration, and hostility towards the alcoholic, she said the Al-Anon program enables members to live with an alcoholic whether practicing or otherwise on an immeasurably improved level.

The local Al-Anon office is located at room 129, 166 Geary Street, San Francisco, 8.

## "Thank You" Note

During his recent "siege" at Lakeport Hospital, Bob L., received a bushel of "Get Well" cards and notes of encouragement.

To those thoughtful persons, Bob sends this message: "Let this be a partial expression of thanks. You have made me both humble and thankful.'

Bob is now at home, Box 511, Nice, California.

# Rancho Cordova Will Celebrate

An anniversary celebration in observance of the Fourth Birthday of the Rancho Cordova Group is being planned for Saturday, September 12, the chairman of the Birthday Committee announced yesterday.

The gala affair is scheduled to take place at the Cordova Community Center, Chase Drive, in the community of Rancho Cordova.

Guest speaker will be Dr. Gil. A., a noted San Francisco physician, a distinguished speaker, and an active worker in the affairs of S. F. Inter-County Fellowship.

Cordova Community Center has a seating capacity of some 200 and the arrangements committee expects a full house.

Rancho Cordova is located a short drive just north of Sacramento.

### Maui Penitentiary

Someone purchased a Big Book during the 2nd Hawaii State Convention and sent it to an inmate at the Prison Camp on the island of Maui. The "Mynah Bird", official publication of Honolulu Fellowship, reports: "... another of the miracles of our AA fellowship occurred. Sending of the book resulted in the establishment of regular meetings at the Camp and gives the island of Maui two AA groups".



#### AUGUST, 1964

# Peninsula Sets Five Meetings

Peninsula All-Groups is staging an experimental method of programming its August meetings. John K., All-Groups new secretary, has asked the host group for each meeting to name its own speaker for their particular session.

Identity of the speaker will not be known by the audience until he or she appears before the "mike" except by most members of the Host Group.

This mode of programming is not a new gimmick, nor is it a "bid for odd-ball secret tactics", the secretary explained. It merely permits the host group to name a member of their own group as speaker for the evening thereby keeping it largely a total group effort. The August lineup:

Saturday, August 1—Host group is Palo Alto Thursday. Speaker: one of their own people.

Saturday, August 8 — South San Francisco is the host group and the speaker is one of their own members.

Saturday ,August 15—Host group is Palo Alto Tuesday Group; speaker belongs to same unit.

Saturday, August 22—Host Group is San Bruno Monday with a member doing the "pitch".

Saturday, August 29 — Palo Alto Friday Woman's. Speaker will be a member of PAFW.

Peninsula All-Groups meets at 8:30 p.m. in the auditorium of St. Matthews Church, Baldwin Avenue and El Camino Real, San Mateo, Calif. Good coffee is served before, and after every meeting.

#### Lakeshore Moves

The sale of its Mandana Street site caused the Lakeshore Group to make a sudden move to a new meeting location at 3555 Lakeshore Avenue, Oakland, Doris T., secretary announced.

She said the group cordially invites all AA member in the Bay Region to attend their Thursday, 8:00 p.m. meeting in their new quarters.

## So. California Plans Thirteenth Annual Conclave

Ignoring the "hoo-doo" that's supposed to be connected with "13" the convention committee in charge of arrangements for the Thirteenth Annual Southern California Convention is merrily going ahead with plans for the "biggest convention ever," in San Bernardino, California.

Scheduled for Friday, Saturday and Sunday, October 16-18, the three-day conclave will be headquartered at the Holiday Inn. The San Bernardino Convention and Tourist Bureau located at 546 Sixth Street, is accepting reservations for hotel and motel accommodations.

Reservataions for rooms should be accompanied by a \$1.00 deposit payable to the Tourist Bureau. Deadline for accommodations Friday, September 18.

#### H & I Meet Set

Hospital & Institution Committee of the Northern California Council of AA holds its next general meeting in Oakland, Calif., Sunday, September 13. Exact time and site will be announced by mail and in GOOD NEWS.

# "Blackboard" Talk at Vet's Picnic, Sept. 5

A wonderful old fashion picnic, sponsored by the Veterans Home Alcoholic Anonymous Group, will hold its annual picnic Saturday, September 5, from noon until 7 p.m. at Kangas Oaks Picnic Grounds, Veterans Home, Yountville, Calif., H. Marlow Link, chaplain announced.

Dr. Earl M., M.D., a member of Mill Valley Group, will highlight the outdoor gathering with his famous "Blackboard Talk".

Rube S., picnic chairman, said lots of fine picnic food and wholesome fun is on the menu, including: lots of good coffee; delicious chuck burgers; plenty of good Red Hots; mixed drinks (soft); tasty Boston Baked Beans; sliced tomatoes; potato chips; homemade cakes prepared by women friends of the AA group; excellent musical entertainment provided by talented members of the Veterans Home Group; dancing to the Veterans Home combo; games for children and grownups; plenty of easy parking.

The meeting which centers around Dr. Earl's fascinating "Blackboard Talk" is set for 3:00 p.m. Everyone in Northern California is welcome to attend.

# **Beginners Set Monday Meetings**

The Monday Beginners' Meetings have listed five outstanding AA speakers for their August meetings. They are:

Monday, Aug. 3—Jim D., S. F. Inter-County Fellowship is the speaker. Chairman is Paula S.

Monday, Aug. 10 — Roberta M., Friendly Circle, is speaker. George S. is chairman.

Monday, Aug. 17 — Clay K., San Bruno Group, speaker. Chairman is Judy C.

Monday, Aug. 24 — Aletha McC., S. F. Fellowship is speaker. Chairman is John S.

Monday, Aug. 31 - Walter R., S.F.

Inter-County Fellowship, is speaker. Chairman is Myra P.

Monday Beginners' Group meets each Monday at 8:15 p.m. at 1755 Clay Street, between Polk and Van Ness, San Francisco.

#### **Inactive Groups**

Temporarily listed as "inactive" on the group roster of S. F. Inter-County Fellowship, is the Playback Group. Fort Bragg's Alano Group also reports that it is inactive.

#### GOOD NEWS

**AUGUST, 1964** 

# **Meetings for Beginners Slated**

Thursday Beginners' Meetings, held every Thursday at 8:15 p.m. at 261 Fell Street, San Francisco, are geared to provide basic AA knowledge for newcomers in The Program. Speakers are selected for their proven ability along these lines. For August, the Program Committee have named these speakers:

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Thursday, Aug. 6-Bob R., New Hope Group.

Thursday, Aug. 13 - Roger O'D., S. F. Fellowship.

Thursday, Aug. 20 - Florence S., Surf Group

Thursday, Aug. 27 - Meek M., Redwood City Group.

Chairmen for above meetings are Lloyd W; Nina S; Bill N; and Glen B. Coffee, cake and arms-length AA is served before, and after, each meeting.

#### New Open Group

Santa Rosa Sunday Night Success Group, a new "open" group has been founded. It meets Sundays at 7:00 p.m. in the Alano Club of Santa Rosa, 70 South "E" Street, Santa Rosa, Cal.

# THERE AINT ANY 'MUSTS

Until we investigate the quotation, most take for granted, the adage "Early to bed, early to rise, makes a man healthy wealthy and wise." This one is from Benjamin Franklin's "Poor Richard's Almanac."

Now ,if we examine this quotation just superficially, even the most naive person will quickly come to the conclusion that merely going to bed early and arising early does not guarantee - Health, Wealth or Wisdom. Gosh, if only it was that easy!

So we come to that phrase that all of us have heard many times or used many times - "there are no 'musts' in AA."

Just as we should examine taken-for-granted adages such as that from Poor Richard, we should also be careful in the use of such words as "never" "always" "ever" and "forever" and other common words which cause semanticists to label as "allness" words. Just to keep the record straight (as the late Al Smith repeatedly said) and which I printed in "Chit-Chat" but compiled by Corne V., formerly of Cleveland, O., but now residing in Edinburg, Scotland, GOOD NEWS reprints the following "musts" which are found in our own "Big Book" - Alcoholics Anonymous:

Page 73: Line 33: "We must be entirely honest with somebody if we expect to live longer happily in this world."

Page 79: Line 12: "We *must* not shrink at anything." Page 74: Line 5: "Those of us belonging to a religious denomination which requires confession *must*, and of course, will want to go to the properly appointed authority whose duty it is to receive it.'

Page 74: Line 22: "The rule is we must be hard on ourself but always considerate of others.'

Page 85: Line 18: "Every day is a day when we must carry the vision of God's will into all our activities."

Page 85: Line 21: "How can I best serve Thee - Thy will (not mine) be done." These are the Thoughts which must go with us constantly.

Page 85: Line 28: "To some extent we must have become Godconscious. We have begun to develop the vital sixth sense. We must go further and that means more action."

Page 44: Line 20: "But after awhile we had to face the fact that we must find a Spiritual basis of life - or else."

Page 156: Line 18: "Plenty of difficulties presented themselves. Both saw that they must keep spiritually active."

Page 14: Line 4: "I must turn all things to the Father of Light who presiles over us all.'

# **Fellowships Adds 5 New Groups**

Central California Fellowship of AA with headquarters in Sacramento, Calif., announces the addition of five new groups from 5 different townships.

The Fellowship said in its monthly publication, "By The Way" that Mt. Shasta, Dunsmuir, Beale Air Force Base, Citrus Heights, and Manteca has been added in recent weeks to its group roster.

Dunsmuir is the city at the foot of majestic Mount Shasta where the highly successful June Conference was held this year.

## IT CAN HAPPEN

Anyway, there was this guy who had been on the program for a period of time and all indications were that he was making out real good. Then, all of a sudden he made a left turn against the signals. He really got rolling, in his opinion, and pretty soon he was making reference to "ME & God" instead of the other way around. Of course, there was no question at this point but that he had come this far on his very own. Now, GOD didn't object too much to this and high hopes for his image until one day he overhead the guy refer to Our Lord Jesus Christ and the Twelve Apostles as " J. C. and the boys". GOD just couldn't go along with a caper like this and things began to happen .The guy is sober again now and is in the program, and do you know, he has come to believe that there is only One God as each of us understands him.

AMEN

#### Valleio Fellowship

Another unit has started in the S.F. Bay Region, The Vallejo Fellowship Luncheon Group recently had its initial meeting in Vallejo, California.

A closed group, it meets every Thursday at noon at 522 Marin St., on the 3rd floor.

## Discussion Unit Proves Valuable Group Function

Several weeks ago the Saturday Public Speakers Group of Sacramento, a group affiliated with the Central California Fellowship, announced it had started a "discussiontype" meeting in addition to Saturday meetings which are exclusively "speaker" sessions.

For more than a month the discussion group has been meeting each Thursday at Episcopal Trinity Church, 2620 Capitol Avenue, Sacramento.

These are real discussion sessions. Any person in the audience can jump in and "speak their piece" while the idea or thought is fresh in their mind.

The discussion-type meeting is being viewed with favor by more and more groups that heretofore stuck to the "speaker" format simply because it permits many persons with problems to "air" them. Chances are that troubled persons who thus lay them out "on the table" will get satisfactory answers to most of their problems via free and open discussion.

This is one of the reasons that prompted the Third Saturday Public Speakers Group to inaugurate the new discussion unit. To date, the Discussion Chairman said, "these Thursday sessions are proving highly popular."

#### **Healthy Grapevine**

For the first time in its history, the Grapevine has a surplus, and there is no longer a capital deficit on the books, Mary B., chairman, Corporate Board of The AA Grapevine, Inc., reported.

A net gain of approximately \$22,000 for the year made it possible to discharge its long-standing debt of \$11,570.41 to the General Service Board.

She also said that circulation figures indicate a healthy growth. Mary made her report at the 14th Annual General Service Conference, April 21-26, in New York City.

## **H&I BROAD-SIDES**

By Walter Mc C., chairman, Hospital and Institution Committee, NCC

ROTATION HAS BEEN the general theme of the H & I Committee for the past few years and serves to remind us that we are "Trusted Servants — We Do Not Govern."

This policy includes the General Chairman and on down to the Contact Chairman of the H & I Committee. In most cases the transition has been orderly without disrupting full coverage of AA meetings at hospitals and institutions.

A GOOD EXAMPLE of this was the action taken by Ray D., Contact Chairman of San Francisco. For Folsom, he had Bill S., Sacramento, and Tom McM., co-chairman of the H & I Committee. Tom gave an excellent AA talk. The kind of pitch that makes a person stop and look at himself.

The point is, however, that after the meeting the general concensus expressed by Folsom's "inside" members was, "why do Contact Chairman continuously invite the same AA members with them? This is a rather hard question to answer. Is it our custom to wait until the last minute to invite speakers and prepare for our meetings at hospitals and institutions? Do we, as Contact Chairmen, follow the general format approved over the years by the full membership of the H & I Committee?

IT CONTINUOUSLY AMAZES me to hear at a general meeting of the committee talk about the importance of following the format in the Schedule Book only to attend a meeting a some insitution and hardly ever see the Contact Chairman armed with a Schedule Book.

In discussing the subject with Contact Chairmen I've been given "reasons why" — but, to me, it is like listening to an alcoholic tell why he took that first drink. There really is no valid excuse.

THE POINT WE TRY to emphasize and, I think is most important, is the example we set for future Contact Chairmen. Sure, we have been around H & I for a long time and we follow the general format to some degree, and we conduct a good meeting.

Then, there is another AA member that replaces us and follows the same procedure. Only, he doesn't know we have a general outline of procedure for conducting AA meetings in institutions that long experience has taught us throughout the years.

MOST LIKELY HE is unaware we have a schedule of organized procedure that all of us should read from time to time. This is especially important for Area Chairmen holding Area meetings. Discussion should be held concerning the importance of taking the Schedule Book to meetings — and to follow its directions.

Rosalie R., faithful and hard-working secretary, is in the process of compiling a smaller, more brief version titled, "How It Works." It is hoped that it will be distributed at our next general H & I meeting taking place in Oakland in September, Rosalie will soon make that date and location of the gathering.

RUSS M., Area Five, following the message sent by Bud C., former H & I General Chairman, has moved over and now chairman of Area Five. Recently, I attended an Area Five meeting in Oakland that Gerry conducted. It was informative and well attended. Each Contact Chairman gave a general summary of the meetings and attendance at the facility for which they are responsible.

GERRY GAVE A REAL talk on methods of distributing Pink Cans throughout the Alameda area. It was a real good feeling just sitting in on an Area Five meeting, listening to the interesting comments from the members of committees as they offered various suggestions and demonstrating their willingness to take active parts in seeing that secretaries of AA groups pass Pink Cans at their meetings.

**AUGUST, 1964** 

# ALL NORTHERN CALIFORNIA

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Sunday

August 16, 1964

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#### **AUGUST, 1964**

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More About Denver Meet

#### (continued from page 1)

vention Committee suggests that "because Colorado is a tourist state it is urgently recommended that persons planning to attend, to register early.

#### **Reservation Data**

Make reservations for room accomodations at the hotel directly to the Brown Palace, Denver, Colo. For reservations to the Convention, write or wire, "High But Dry State Convention", Box 6211, Cherry Creek Station, Denver, Colo. Include a check or money order for \$5.00 with reservation.

#### Birthday for Harmony House

Some 12 months ago, the Women's Recovery Center, affectionately known as Harmony House, 477 South 3rd Street, San Jose, was dedicated.

Recently it held its first anniversary meeting. The board of directors reported that since its opening 36 women have been residents. With housing facilities for 10 women, it has accomodated women from Florida, Michigan, Nevada City, Watsonville, Carmel, and San Mateo County.

Facilities such as Harmony House rate everyone's support.

#### **Travellers' Unit**

Laytonville Travellers' Group, a family group, has been established. It meets at Laytonville Inn, Laytonville, Calif., on Sundays at 4:00 p.m.

## Parlin Forks Sets Quarterly Meeting

The quarterly meeting of the Parlin Forks Group will be held Sunday, August 23, at 1:00 p.m. at Parlin Forks Conservation Camp No. 6, near Willits, Mendocino County, Calif.

Visitors making their first visit to Parlin Forks Conservation Camp —part of the San Quentin facility should obtain directions from any gas station attendant at Willits. The Camp is a short drive ouside of town.

#### Azure Acres Will Hold Annual Meet

Chuck C., Beverly Hills Group, will be principal speaker at a special outdoor AA meeting, Sunday, September 6. The Annual Meeting, sponsored by the Azures Acres-Sebastopol Group, will be highlighted by dedication ceremonies of the shrine which the late Joe Butler worked so hard to establish.

Meeting will be held at 3:00 p.m. in the natural amphitheatre at Azure Acres. Coffee and cake will be served. Children under 12 years of age will not be permitted.

# The Man In The Glass

Everyone of us should have two things pasted on the mirror in our bathroom. One of them is a copy of the verses entitled, "The Man in the Glass." The other is a card on which would appear the words: "Dear Lord, teach me to keep my big mouth shut."

This business of looking at the man who stares back at you from the glass is a hundred times more effective than anything you'd ever get from some so-called psychoanalyst who sits in a plush office tapping his finger tips and pretending to read what goes on in your brain box. There are a lot of strange creatures running around in your mind. You may not understand why they do certain things, but at least you know what they are. The psycho-surgeon doesn't know one creature from another, and if he did, he wouldn't know what purpose they had in your existance. A clerk out of Macy's wouldn't know the difference between a leghorn and a banty rooster, but he'd be honest enough to say so. But some of these psycho birds would put out such a spiel that the farm wife wouldn't know whether she had leghorns and banties or whether she had a regenerated flock of dodo birds.

If you want real answers, honest answers, that fellow in the glass will give 'em to you. But you've got to look him in the eye, not at the wavy hair, the Greek profile or the manly chest. Ever look straight into your eyes for 60 seconds? Try it. You'll be surprised, amazed and possibly even a little chargined at what those eyes will tell you. They might even mock you. But they'll tell you the truth.

When the 60 seconds are up, you won't have too much trouble heeding the advice of that other notice on the glass. The glass treatment is bound to give you a good dose of humility, and humble people don't go around shooting their mouth. The glass analysis results in a much better sense of balance, and folks in balance never put a heavy drain on their vocabulary. Most of us have said thousands of things we wish we hadn't said. Words, like deeds, cannot be recalled. Water over the dam, to be sure, but maybe we can build the dam a little higher. Not so high that nothing can get over it. There is always a time and a place to speak, and there are many occasions when we have the right, even the duty, to speak. But we should learn how to operate the dam — when to elevate it and when to lower it; what to allow free flow over it, and what to keep behind the barrier. And this includes the written words and the word we think, as well as the spoken words.

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#### GOOD NEWS

# If Lincoln Had Been An AA

The longer I am in AA, the more conscious do I become of my personal responsibility to maintain and conform to the Twelve Traditions of Aloholics Anonymous and to perpetuate the AA Program and give the alcoholic of tomorrow the same chance for sobriety which I received today.

If Abraham Lincoln had been an AA, I believe he would have expressed his opinoins of AA's responsibilities in this manner:

"One score and nine years ago, our co-founders brought forth a new plan, conceived in love and service and dedicated to the proposition that the alcoholic can be restored, by the Grace of God, and the help of his fellow-AA's.

"Today, we are engaged in a great, humane effort to make that plan available to all who may be concerned.

"However, we cannot dedicate, we cannot consecrate, we cannot further this plan with mere word of mouth, but rather by assuming our individual responsibility of personally carrying The Message of AA to those who still suffer.

"The world will little note, nor long remember who we are, or what we are, but what we do here will never be forgotten. It is for us, who are willing and able, to increase our efforts in this great field of endeavor, without hope of gain, reward, or recognition.

"It is ours to hold high the torch, and to work with increased devotion to the unfinished task which lies before us.

"It is for us to highly resolve that this way of life, granted by God, thall not have been given in vain; and that this Fellowship of AA - by AA - and for AA, shall not perish from this earth."

(By Dewey S., San Mateo, Calif.)

## Lamplighters' Group

Lamplighters is a closed group for women only. It meets at 8:00 p.m. each Tuesday at 1464 Valencia Street, San Francisco.

## "Ace" Hollister Heads State Staff

The Department of Alcoholic Rehabilitation of the State Health Department is currently headed by Dr. A. C. "Ace" Hollister, M.D., with headquarters in Berkeley, Calif.

As chief of this division, Dr. Hollister has many responsibilities among them, operating all the various alcoholic clinics throughout the state.

An able man, Dr. Hollister has been in public health service since 1946. He succeeds Dr. John R. Philp, M.D. now in the east.

Assisting Dr. Hollister will be Dr. Dudley Miller. AA members value both doctors as warm, sympathetic friends.

## Contest to Name New Periodical

Southern Alameda County Service Center, Professional Building 1079 B Street, suite 366, Hayward, Calif., intends to issue its own publication. It's bogged down for a name. They want someone to send in a suggestion.

The organization got its first edition off the press the other day, Volume 1, Number 1. But its nameless. Got any ideas? Send 'em in.

Among other chatty items, it printed the number of 12 Step calls it took (37); people calling for information (51); Alanon calls (10); Alateen calls (1).

It then reported, "one 19 year-old called. Didn't know how to classify. Too young for AA and too drunk for Alateen". If you wanna 'phone, its JE 8-2100. Office hourse, 9 a.m. to 4:30 p.m.

#### NOT A COMMERCIAL

An old timer can remember when a "free plug" was a potato for the spout of a kerosene can.

#### **TEMPUS FUGITS**

The years are beginning to add up if it takes you longer to rest up than it did to get you tired.

# Lakeport News

Our old friend, Bob L., a very familiar and active figure in the "early days" of S. F. Fellowship, is now serving as secretary of Lakeport Group that meets each Thursday at 8:30 p.m. in the auditorium of the Christian Church, Seventh and Bush Streets, Lakeport, Calif.

Bob is now a resident of Nice, California., and has become a great booster for Lake County, Northern California's "vacation land".

In a recent visit to San Francisco he said, "when you have a wonderful vacation spot and a wonderful AA meeting it's an unbeatable package deal".

Persons who overheard the remark were inclined to agree with Bob's logic.

## NCC Inter-Group Rates Ham Dinner

When Mt. Shasta Group sets about playing host — it does it up right.

So, on Saturday, August 15, when Mt. Shasta hosts the NCC Inter-Group Meeting, a luscious ham dinner completely surrounded by all those fine edibles that goes to make a ham dinner, will be served at 6:30 p.m.

Then, at 8:00 p.m., Jack F., a member of the North Hollywood Group, will be guest speaker.

Affair takes place in the auditorium of St. Anthony's Church in Mt. Shasta.

## "Problem Drinker"

If any reader of GOOD NEWS wishes to participate in AA's radio program, "The Problem Drinker" please contact the central office of S. F. Inter-County Fellowship of AA, 166 Geary Street, San Francisco. The phone is YU 2-4473.

Thanks to the cooperation of Station KFRC and the tenacity of Jack I., central secretary, the program heard every Sunday at 6:30 p.m. is now in its third year.