



# Good News



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Northern California Council of Alcoholics Anonymous

## Proposed Motions & Chairperson Election Discussion to Happen in San Ramon

*This is the proposed changes/ additions to our  
(PURPOSE, STRUCTURE, and FUNCTIONS  
Handbook)*

A motion was presented to the Foster City conference in 2013 to give a better description of what group delegates duties were. The motion was presented and passed at the Modesto conference. All group delegates were encouraged to go back to their groups to discuss the changes and bring back their group conscience to the conference or steering committee members.

This is the proposed change to be added on (page 5) of our (PURPOSE, STRUCTURE, and FUNCTIONS Handbook). It will replace the (3rd paragraph on page 5)

A.A. Groups in Northern California are entitled to two NCCAA delegate representatives who may vote on matters brought to the NCCAA delegate business meeting. The NCCAA registrar (young people's secretary) maintains a list of Group Delegates. If the listed group Delegate cannot attend, another group member may register in their place as long as the Group does not exceed two delegates.

NCCAA Group delegates' terms are generally two years and ought to coincide with the rotation of the NCCAA officers but each group is free to decide their own group delegates' rotation.

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## NCCAA 67th Annual Fall Conference San Ramon, CA

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March 21, 22 & 23 2014

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Friday 8:00 PM  
Victor S. – El Dorado Hills, CA  
Saturday 3:30 PM  
Vikki R. – Yuba City, CA  
Saturday 8:00 PM  
Peg M. – Bellevue, NE  
Sunday 11:00 AM  
Peter M. – Boca Raton, FL

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### Upcoming Conferences

Lodi – June 2014  
Sacramento – Oct 2014  
Foster City – March 2015

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## Visit the NCCAA Website

<http://www.norcalaa.org>

- Download Conference Flyer
- Register for Upcoming Conference
- Good News Subscription
- Good News Archives
- Submit and Article
- History of NCCAA
- Purpose Structure and Function
- Host Committee Guidelines

***This is the proposed changes/ additions to our (PURPOSE, STRUCTURE, and FUNCTIONS Handbook) Continued***

NCCAA holds three Conferences per year: Spring, Summer, and Fall. Any city in Northern California may submit a bid, meeting the criteria set forth by NCCAA. If the bid meets the minimum Conference requirements, it is then forwarded to the Group Delegate meeting for approval. Instructions and forms for submitting a bid are available on the NCCAA website (ncc-aa.org or norcalaa.org).

NCCAA Conference business meetings are held on Saturday of the conference. The Steering Committee meeting meets at 8am Saturday morning. The Steering Committee consists of NCCAA Officers, County and Intergroup representatives. The meeting is open to anyone who wishes to attend, but only Steering Committee may vote. The Steering Committee addresses in-house matters and the Committee receives and discusses recommendations and motions presented for conference changes and reviews Conference bids. The Steering Committee only decides which motions or bids will be forwarded to the Delegates meeting for approval.

The Delegates meeting is held Saturday afternoon. The Delegates meeting is facilitated by the NCCAA Chairperson. The meeting agenda includes Steering Committee officer reports, and old and new business items. A motion introduced at a Delegates meeting will not be voted on until the following Conference to allow the Group Delegates to bring the motion to their groups for guidance.

**What are the benefits to being an NCCAA Delegate?**

Being an NCCAA Group Delegate is an exciting opportunity to meet other members, listen to speakers from outside your local area, and to learn about the various service entities in Alcoholics Anonymous. This includes learning about the two General Service Areas, California Northern Coastal Area 06 (CNCA 06) and California Northern Interior Area 07 (CNIA 07) that was born from out of the NCCAA Conference. Each year a General Service Delegate and or Alt Delegate from one of the two Areas give a report on the most recent General Service Conference at the summer or mid-year

NCCAA Conference.

To summarize the NCCAA Delegate position covers attending the three Conferences a year, distributing flyers to your group or local area, talking to your group about upcoming conferences and voting on NCCAA business.

Discussion on NCCAA inventory will take place during the Delegates meeting if time is permitted. It was voted at the Modesto Conference to have an Inventory. Delegates were asked to go back to their groups and bring back ideas on who the committee should be composed of.

*San Ramon Conference on March 21-23rd 2013 (election for Council Chairperson to be held Sat at delegates meeting)*

## **Election of Council Chairperson**

The Council Chairperson is elected at the Spring Conference of the EVEN numbered years and serves a two (2) year term. This office is restricted to no more than two (2) consecutive terms, four (4) years.

It is recommended that the Council Chairperson have a minimum of five (5) years continuous sobriety and a service background.

The Council Chairperson should have the time available to perform the duties of conducting the business of the Council in presenting the three Conferences each year and work closely with the Treasurer and the Secretaries.

The Council Chairperson may delegate any, or all, of the Chairperson's responsibilities to one or any of the secretaries, or in cases of necessity to any responsible A.A. member. The Council Chairperson shall, however, assume full responsibility for any functions so delegated. If the Chairperson is unable to assume the duties of the Council, one of the Secretaries will act as Chairperson until a special election can be held.

Participating in the Unity of AA and the personal satisfaction of being of service to others, which, as we know is all a part of our Three Legacies. In the end, it all starts with each one of us individually and hopefully it is passed on, insuring the survival of individual recovery and that of AA as a whole.

## LETTER FROM THE EDITOR

### Spring into Action

Spring is in the air. This time of the year, I start to think about all the fun things to do outside. All the planting, yard work, hikes, swimming and vacations to plan. Of course I am once again only thinking about myself, I tend to do that.

The other thought that I had the other day was of service to AA. This occurred because I was at my home group and it is secretary rotation time again. Secretary election time is always difficult at my home group. We announce the elections are coming and the week of elections, our meetings are like ghost meetings, so some of the meetings go unfilled until someone finally steps up. I am sure we have all experienced this problem at our home groups. So I have to ask myself what am I doing to encourage new comers and long timers alike to join the secretary pool or be in Service? To answer this question I know that I lead by example. I hold a Service position at my home group. I suggest that all the women I sponsor hold a Service position. I also ask all the people I talk to "Are you of Service?" AA saved me from a hopeless state of mind and body and has shown me a new way to live. This was done by countless people being of service to the group. I must give back what these people so freely gave to me. If you are reading this, please ask yourself these two questions: Am I in service to my home group? What am I doing to encourage others in my home group to be of service?

We must think of this because if you are like me. Service can be very inconvenient in my newfound life. I do not always want to show up to that commitment, I have very important things to do...

Nevertheless, I must remember why I have those important things to do... It is because of all those AA members that gave their time and their experience to me so I could stay sober one more day.

In Love and Service – Colleen

## CALENDAR OF UPCOMING EVENTS

To download flyers or more information go to the websites listed

### SERVICE EVENTS

#### **43<sup>RD</sup> ANNUAL H & I CONFERENCE**

1110 W EAST AVE., CHICO

MAY 2<sup>ND</sup>, 3<sup>RD</sup> & 4<sup>TH</sup>, 2014

[HTTP://WWW.HANDINORCAL.ORG](http://www.handinorcal.org)

#### **PRE CONFERENCE ASSEMBLY**

APRIL 5<sup>TH</sup> - 6<sup>TH</sup>

HOSTED BY DISTRICT 01 – MONTEREY, CA

#### **GENERAL SERVICE CONFERENCE**

APRIL 27<sup>TH</sup> – MAY 3<sup>RD</sup>

NEW YORK, NEW YORK

#### **POST CONFERENCE ASSEMBLY**

MAY 10<sup>TH</sup>

HOSTED BY DISTRICT 14 – UKIAH, CA

### OTHER EVENTS

#### **LODI NCCAA CONFERENCE PLANNING MEETING**

420 N SACRAMENTO ST., LODI @ 1:00

JAN 25<sup>TH</sup>, FEB 22, MARCH 29, APRIL 12, MAY 31 & JUNE 14

#### **SACRAMENTO NCCAA CONFERENCE PLANNING MEETING**

2625 ALTA ARDEN EXPRESSWAY, SACRAMENTO @ 9:00 AM

APRIL 6<sup>TH</sup>, MAY 4<sup>TH</sup>, JUNE 1<sup>ST</sup>, JULY 6<sup>TH</sup>, AUG 3<sup>RD</sup>, SEPT 7<sup>TH</sup>

#### **Turlock Unity Day**

April 26<sup>th</sup>, 2014 – Stanislaus County Fairgrounds

<http://cviaaorg.ipower.com/Events.html>

#### **2<sup>ND</sup> ANNUAL CENTRAL CALIFORNIA COUNCIL ROUNDUP**

MAY 16<sup>TH</sup>, 17<sup>TH</sup> & 18<sup>TH</sup>, 2014 PARK INN 3737 N.

BLACKSTONE AVE., FRESNO

[HTTP://FRESNOAA.ORG/HOME/WPCONTENT/UPLOADS/2014/01/CCCAAFLYER2014.PDF](http://fresnoaa.org/home/wpcontent/uploads/2014/01/CCCAAFLYER2014.PDF)

#### **60<sup>TH</sup> ANNIVERSARY OF CENTRAL CALIFORNIA FELLOWSHIP OF AA**

APRIL 26<sup>TH</sup>, 2014

5751 LOCUST AVE., CARMICHAEL, CA

[HTTP://FRESNOAA.ORG/HOME/WPCONTENT/UPLOADS/2014/01/CCCAAFLYER2014.PDF](http://fresnoaa.org/home/wpcontent/uploads/2014/01/CCCAAFLYER2014.PDF)

### YP EVENTS

#### **ACYPAA XLII**

APRIL 3<sup>RD</sup> – 6<sup>TH</sup>, 2014 REDDING CIVIC AUDITORIUM

REDDING, CA

If you have an upcoming event and would like it published email or mail the information to the Good News Editor.

# Sobriety Birthdays



| January    |         |  |             |         |
|------------|---------|--|-------------|---------|
| Clem te N. | 1/15/74 |  | Steve C.    | 1/20/01 |
| Michael B. | 1/22/83 |  | Gavin W.    | 1/13/03 |
| Pat G.     | 1/28/88 |  | John R T.   | 1/3/04  |
| Doug P.    | 1/2/95  |  | Roger Mc.   | 1/3/06  |
| Don W.     | 1/19/01 |  | Michael C.  | 1/5/08  |
| Dorothy W. | 1/11/12 |  | Yvette A.   | 1/28/13 |
| February   |         |  |             |         |
| Dennis F.  | 2/5/84  |  | Gabriela R. | 2/20/84 |
| Jerry L.   | 2/28/91 |  | Karen C.    | 2/5/92  |
| Karen Y.   | 2/10/03 |  | Al V.       | 2/11/03 |
| B.J. J.    | 2/3/10  |  |             |         |
| March      |         |  |             |         |
| Bill K.    | 3/16/77 |  | Chris J.    | 3/3/84  |
| Teresa D.  | 3/7/84  |  | Kelly I.    | 3/11/97 |
| Nancy Mc.  | 3/28/87 |  | Victoria M. | 3/2/91  |
| Jo M.      | 3/15/01 |  |             |         |

## The Morning After

Good morning my bright international mate,  
My outstanding genius in problems of state;  
I trust all is well in that wonderful mind  
Which last night remodeled the whole of mankind.

Your handling or Russia, the Rhur, Palestine, And  
China and Greece, it was masterly fine.  
You're sure to be named "The Man or the Year"  
Here's four or five aspirins- swallow them dear

Awake my fine songster, It's well on toward noon  
All morning I've waited, just hoping you'd croon  
A measure from Chloe, or "Deep Rolling Sea"  
Which last night you sang until half after three.

You awakened the neighbors, you tripped on the mat,  
And one of your props was your hostesses hat.  
I'm sure she'll want you again for to-night,  
The life of the party, whenever you're tight.

Arise my sweet prince, but be careful don't skid  
Arise and consider the things that you did  
The uprooted garden, the splintered garage  
It sounded just like an old-fashioned barrage.

Go see your hostess and carry a check  
I think if you sign it just "Pain in the neck"  
The bank will OK it, it has to be you  
The clown that went berserk, "twixt dawn and the dew"

So drink up that seltzer, you chattering drone,  
It's said to be good for a splintering dome.  
I wish I were "Samson" how far I could throw you,  
For the next thirty days, please pretend I don't know you.

My juvenile jack-ass, my dimwitted duffer  
You say you feel awful?-Well goddammit, SUFFER

Reprinted from Good New Issue March 1969

## Joke Corner



Credit to Ben Ben the Fisherman and/or recoverycartoons.com

## Speaker Selection Submissions

Tape Librarians Doug & Brigitte need Speaker Selection Submissions with Speaker contact information. If you have a favorite speaker and would like to hear them at one of our conferences send tapes or CDs to:

c/o Doug or Brigitte Parvin  
Sound Solutions  
1513 Grass Valley Hwy  
Auburn, CA 95605

**Give a gift to your Home Group. Sponsor or Sponsee! Only \$4.00 per Year.**



**Good News needs your story, artwork, or funny jokes or not so funny jokes and. You can send stories via snail mail give them to me at the next conference or submit them online.**

The following was a synopsis of a Roundtable discussion held January 18, 2014 at the Winter Area Assembly in Modesto. The three districts (41, 42, and 43) from the Greater Fresno Area participated in this dialogue.

### **“PASSING IT ON THROUGH SPONSORSHIP”**

Sponsorship is practicing the 12th step and the 5th Tradition. Anyone sponsoring should have been through the steps or (be going through the steps), going to meetings and have a sponsor themselves. It is not the job of the sponsor to keep someone sober but to walk them through the steps so that they can learn how to live life sober and hopefully with happiness, joy and freedom.

Today a lot sponsees are expected to do all of the reaching out i.e.: “Call me” and are instructed to “Find a Sponsor” which can be very frightening and intimidating to the newcomer. In the old days the old-timers actively went out and looked for someone to work with. It was suggested that we may need to practice doing some of this by “offering” to work with them.

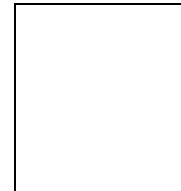
It was felt, by the group that the personal benefits of “sponsoring” is that you get to go through the steps again and are constantly learning and growing because of it. Several in the group shared their own personal experience with this.

It was agreed that “Passing It On” is not just the legacy of recovery; it should include all three legacies. There is concern that a lot of sponsors are not taking their sponsees through the 12 Traditions and the 12 Concepts. The reason for this is generally because that is the way they were sponsored. A couple of suggestions to help change this were: Going thru the Sponsorship pamphlet with the sponsee, which reminds us of our responsibilities as sponsors and helps the new person to know what to expect. The other suggestion was to provide Sponsor workshops and it was shared that there are some groups that have sponsor/sponsee meetings.

We should be an example by “Walking the Talk” and guiding sponsees to the “winners in AA.” It was felt that we as sponsors should be conveying the joy and benefits of sponsoring, the fellowship we received in participating in the Unity of AA and the personal satisfaction of being of service to others, which, as we know is all a part of our Three Legacies. In the end it all starts with each one of us individually and hopefully it is passed on, insuring the survival of individual recovery and that of AA as a whole.

Submitted by Susan K. Fresno, CA

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