



Good News



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Northern California Council of Alcoholics Anonymous

65th Fall Conference Sacramento Update

From the Early Bird Speaker to the Sunday Morning Speaker the conference spread a great message to the Sacramento Area. At the last minute there was a change in speakers but this did not slow down the momentum of the conference. Tom W. spoke on Friday Night and the house was packed. Great laughs and a strong message is always what Tom delivers. Saturday Night Billy S. from Las Vegas gave an energetic talk. Sunday morning Annette D. from Martinez wrapped up the conference with a down to earth speech. Marathon meetings were well attended and the Sacramento Area came out in force to secretary the meetings. The Spanish speaking community also attended and held marathon meetings.

At the Delegates meeting two conference proposals were voted on and approved. One of the conference is for Auburn June 5, 6 & 2015 and the other for San Ramon March 18, 19 & 20 2016. Tape librarians are in need of Speaker Selection Submissions please send submissions with speakers contact information. Tape librarians contact information is on page 2. In Fresno, the Treasurer's position will be up for election. Joe C. has served two terms and in the spirit of rotation a he will be stepping down. I am sure that I can speak for everyone and say Thank You Joe for all of your diligent work for NCCAA. Check NCCAA website for information on requirements for the Treasurer position.

Inside this Issue	
Conference Experience	2
Letter From The Editor	3
Sobriety Birthdays	4

NCCAA 66th Annual Spring Conference Fresno, CA

January 25, 26 & 27, 2013

Friday 8:00 PM
Pat O. – Pleasanton, CA
Saturday 3:30 PM
Shaun G – Modesto, CA
Saturday 8:00 PM
Bill C. – Torrance, CA
Sunday 11:00 AM
Sharon A. – Modesto, CA

Upcoming Conferences

Foster City – June 7, 8, & 9, 2013
Modesto – Oct 10, 11, & 12, 2013
San Ramon – March, 2014
Lodi – June 2014
Sacramento – Oct 2014

Visit the NCCAA Website

<http://www.norcalaa.org>

- Download Conference Flyer
- Register for Upcoming Conference
- Good News Subscription
- Good News Archives
- Submit and Article
- History of NCCAA
- Purpose Structure and Function
- Host Committee Guidelines

WE ARE NOT A GLUM LOT



During our drinking we gave up many fun activities. This section is devoted to the activities that we have once again been able to resume because of our sobriety. This section depends on your input. At the next conferences stop by the Good News table and tell us and we will publish it in the next edition. To start it off we will list some of what our family has been able to do since sobriety.

Al V. – Riding motorcycles when drinking he crashed

Colleen M-V – Knitting could not keep track of a pattern.

We are reclaiming some of thing that we gave up for alcohol.

Speaker Selection Submissions

Tape Librarians Doug & Brigitte need Speaker Selection Submissions with Speaker contact information. If you have a favorite speaker and would like to hear them at one of our conferences send tapes or CDs to:

c/o Doug or Brigitte Parvin
Sound Solutions
1513 Grass Valley Hwy
Auburn, CA 95605

Joke Corner

A three legged dog walks into a bar and says "I'm looking for the man who shot my paw" – Doug P.

A sponsor and his sponsee are on a deserted island and they find a lamp. The sponsor grabs the lamp and rubs it and a genie comes out and grants them each one wish. The sponsor says...I wish I was back with my family. Enjoying the wonderful life I was living...And poof...He's gone. The sponsee thinks about it a little bit..."do I want this..."or do I want that?..."...."Oh sh!t...I wish my sponsor was here!"

Reprinted from: <http://www.soberrecovery.com>

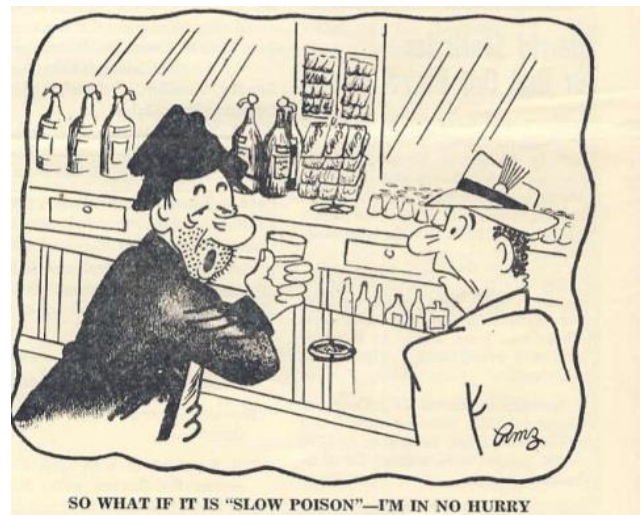
Conference Experiences

I was our Group's GSR for the Lathrope Fellowship in 1982. This year I thought it would be nice to come back, it has been 30 years since I have been to a NCCAA Conference. I have been living out of state and I just wanted to say hi to everyone. Archie R.

My Experience with NCCAA has been the bright spot of my sobriety. Brigitte P.

I just wanted to tell everyone who wants to come to the NCCAA Conference what a great time I had. I am a group delegate for my meeting call the Colma Eye Opener in Daly City. I try to get to as many people as I can to come and experience what I have. So for new comers to old timers I try to share my experience and let them know how much fun it is to run away from home for three weekends in a year.

At the Sacramento Conference there are four women in my room and we had a great time. We talked about ourselves and talked about the great Things we heard from the speakers. We have a lot of laughs and fell we just got a big shot of AA in the arm. Thank You NCCAA for making me feel part of. Rita J. – South San Francisco



SO WHAT IF IT IS "SLOW POISON"—I'M IN NO HURRY

Reprinted from Dec 1965 Good News

LETTER FROM THE EDITOR

First let me introduce myself my name is Colleen M-V my home group is Group Three in Sacramento. My sobriety date is April 1, 2002 I have a sponsor and I sponsor women. I've been involved in NCCAA since my early recovery at first I started going to the conferences with my husband, I then became involved as a group delegate and after a while I was fortunate enough to be able to sit on the Steering Committee for Sacramento County. I would like to thank all of the previous editors of the Good News and thank the committee for letting me be of service. As usual we need people to submit articles, funny stories, artwork and any upcoming events.

There have been several changes since the last time you receive this newsletter. One of the changes is the format of this newsletter. Going through the old archives I adore the look of older newsletters so I revised newsletter to look like the 1960s style. We are also gathering stories and conference experiences from conference goers. There is a new section called We Are Not a Glum Lot this section is for stories or experiences of things that we've regained some sobriety.

The website has also undergone several changes. The domain name has changed to www.norcalaa.org. You can now submit articles, funny stories, and jokes on the website. To submit artwork and upcoming events you will have to email me or send them via snail mail. My contact information is included at the end of the article.

The coming conference is in Fresno in January will be great fun and I look forward to seeing everyone there.

In Love and Service – Colleen

CALENDAR OF UPCOMING EVENTS

To download flyers or more information go to the websites listed

SERVICE EVENTS

CNIA AREA 07 – WINTER ASSEMBLY

JANUARY 19 & 20, 2013

[HTTP://WWW.CNIA.ORG/RESOURCES/1/FLYERS/2013_WINTER_ASSEMBLY_FLYER.PDF](http://www.cnia.org/resources/1/flyers/2013_WINTER_ASSEMBLY_FLYER.PDF)

HOLIDAY EVENTS

INTERGROUP HOLIDAY TAMALE PARTY 2012

[HTTP://WWW.AASANJOSE.ORG/](http://www.aasanjose.org/)

NEW YEAR'S EVE

SOBER NEW YEAR'S EVE PARTY – CHICO MASONIC LODGE

[HTTP://WWW.AABUTTE-GLENN.ORG](http://www.aabutte-glenn.org)

Tulare County Central Office New Year's Celebration

<http://www.aa-tulareco.org/Events.html>

Friends of Bill W New Year's Eve – Lodi, CA

<http://www.aadelta.org/events.htm>

New Year's Eve Whoopee Party – Hosted by East Bay Inter Group & EBYPAA – Emeryville

<http://ebypaa.org/nve2012/>

Alkathons

Alkathons are held throughout the Sacramento Area and are a great place to hang out through the Holidays. Check your local Intergroup or Central Office for more information on Alkathons in your area or come to Sacramento.

OTHER EVENTS

36th Annual Spring Fling – February 22 - 24, 2013

Sacramento – www.sacspringfling.org

Roseville Tuesday Night Group Anniversary – January 19th – Roseville

North Auburn Group 13th Anniversary – January 1

<http://www.aasacramento.org/>

YP EVENTS

ACYPAA XLI Disco Karaoke Dance Party – Visalia – January 19, 2013

<http://www.fcypaa.com/>

WACYPAA XVI

Tucson, AZ - January 3rd thru January 6th 2013

<http://www.wacypaa.org/>

If you have an upcoming event and would like it published email or mail the information to the Good News Editor.

Sobriety Birthdays

Name	Dry Date	Name	Dry Date
Joe G	11/21/1997	Rob A	12/23/1997
Mike R	11/19/1993	Carina H	12/2/1990
Rene G	11/6/2008	Michele T	12/30/2010
Glenn H	11/25/2008	Howard H	12/14/1982
Jose R	11/3/2005	Clem te N	1/15/1974
Teresa D	11/16/1991	Gina V	1/1/1990
Joe C	11/16/1986	Michael B	1/22/1983
Linda M	11/3/1980	Gavin W	1/13/2003
Pat B	11/6/1997	Pat G	1/28/1988
Claudio B	12/15/2006	Steve C	1/20/2001
John S	12/28/1978	Doug P	1/2/1995
Steve M	12/25/1989	Harriet B	1/16/1994
Stephen N	12/5/2010	Michael C	1/5/2008
Jannette F	12/7/2012	Roger Mc	1/3/2006

Happy Sobriety!

Archives Reprint

What Are Trustees, Anyway?

Right after the first AA members put their experience on paper (the Big Book) so it could be shared with far-away alcoholics, they entrusted it to a non-profit foundation.

The foundation is now called the General Service Board, and its members "Trustees". Nine are non-alcoholics, nine are AA members.

Each of these "trusted servants" spends about 14 day in New York every year to do his AA jobs. All serve without pay (This is truly minimum time.)

They are directly responsible to the AA groups. To whom they report each year at the G.S.

Conference. As "trustees" they are expected to see that AA's world center of communication, GSO, really serves the groups and other alcoholics on the up-and-up. They are custodians of funds received, of the Twelve Steps, and Twelve Traditions, and are the "legal guardians" of the name ALCOHOLICS ANONYMOUS.

They have no power over any AA member or group. They endeavor to keep the AA name from being drawn into public brawls, and to protect the anonymity of AA members everywhere.

Editor Note: Reprinted from the AA Exchange Bulletin, July-August, 1964

For more information on General Service Office (G.S.O) today visit www.AA.org

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