



Have you heard the Good News?



Good News



Est. 1948

Holiday 2010

Upcoming Spring Conference

There is much excitement for this upcoming Spring Conference in Foster City, Ca. March 11,12,& 13, 2011.

The following hotel is offering special rates for those attending the 64th Annual NCCAA Spring Conference in Foster City. To ensure your reservation, you should register at least 30 days in advance of the Conference, and you must mention that you are attending the NCCAA Foster City conference in order to obtain these rates. The Host Hotel is the **Crowne Plaza Hotel**

1221 Chess Drive
Foster City, Ca. 94404
Ph: 800-477-5700

Rates:
\$ 112.00 single
\$ 112.00 double

Amenities:
Indoor Pool, whirlpool, high-speed internet access, Health/fitness center on-site, 3 restaurants

Foster City
NCCAA 64th Annual Spring Conference
March 11, 12, & 13, 2011
Crowne Plaza Hotel
1221 Chess Drive

Foster City, Ca 94404

- **Friday March 11**
- 2:00 p.m. Registration Opens
- 3:30 Early Bird Meeting
- 8:00 p.m. Open Speaker Meeting—Betty H., Moapa, NV

Saturday, March 12

- 9:30 a.m. General Service Panel Meeting
- 11:00 a.m. Host Committee Workshop
- 1:00 p.m. Hospital & Institutions Panel Meeting
- 3:30 p.m. Young People's Speaker Meeting—Paco D., San Jose, Ca.
- 8:00 p.m. Open Speaker Meeting—Rosie T., Lakewood, Ca
- 10:00 p.m. Dance Following Drawing

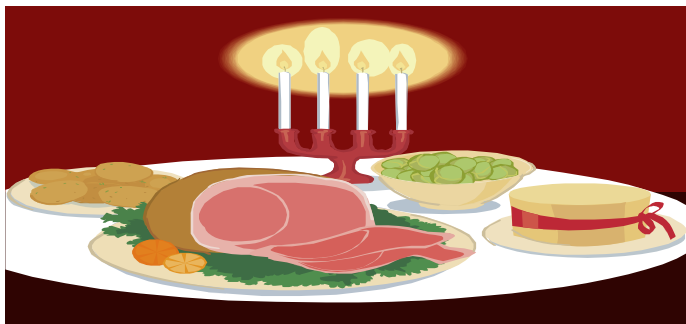
Sunday, March 13

- 9:30 a.m. All A.A. Services Panel Meeting
- 11:00 a.m. Open Speaker Meeting—Gary Ann., Modesto,



Memo from your Editor

I would like to take this time to express my gratitude to NCCAA for allowing me to be your Good News Editor for these past few years. NCCAA has played a very important role in my life since I became a member of Alcoholics Anonymous. I was roped into service my first year of sobriety to be on the Volunteer Committee and I have never left. (That was 9 years ago.) I have noticed this same kind of attraction in other members of Alcoholics Anonymous who have attended our conferences. There is no doubt in my mind the positive impact NCCAA has on the alcoholic. We are a shining example of carrying the message by attraction.



Have you visited your Web Site yet?

<http://www.nccaa.org>

You'll find:

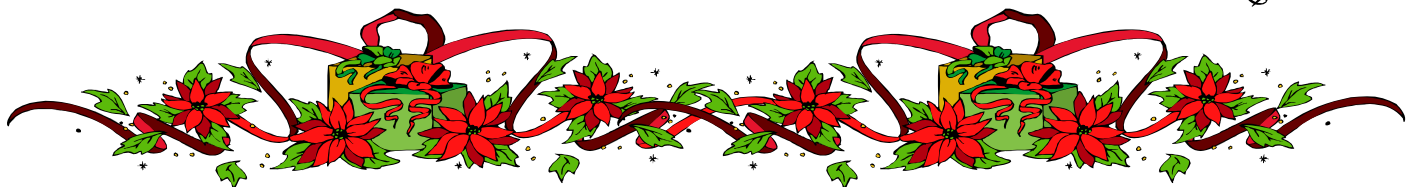
- The History of NCCAA—Our Purpose, Structure, & Function"
- Past Issues of the "Good News"
- A list of upcoming Speakers
- Flyers
- Future & Past Programs
- Information on our Archivist
- Guidelines for Hosting a Conference
- A Link to AA General Service
- And More



Twelve Tips on Keeping Your Holiday Season Sober and Joyous

Holiday parties without liquid spirits may still seem a dreary prospect to new A.A.s. But many of us have enjoyed the happiest holidays of our lives sober—an idea we would never have dreamed of, wanted, or believed possible when drinking. Here are some tips for having an all-round ball without a drop of alcohol.

1. Line up extra A.A. activities for the holiday season. Arrange to take newcomers to meetings, answer the phones at a clubhouse or central office, speak, help with dishes, or visit the alcoholic ward at a hospital.
2. Be host to A.A. friends, especially newcomers. If you don't have a place where you can throw a formal party, take one person to a diner and spring for the coffee.
3. Keep your A.A. telephone list with you all the time. If a drinking urge or panic comes—postpone everything else until you've called an A.A.
4. Find out about the special holiday parties, meetings, or other celebrations given by groups in your area, and go. If you're timid, take someone newer than you are.
5. Skip any drinking occasion you are nervous about. Remember how clever you were at excuses when drinking? Now put the talent to good use. No office party is as important as saving your life.
6. If you have to go to a drinking party and can't take an A.A. with you, keep some candy handy.
7. Don't think you have to stay late. Plan in advance an "important date" you have to keep.
8. Worship in your own way.
9. Don't sit around brooding. Catch up on those books, museums, walks, and letters.
10. Don't start now getting worked up about all those holiday temptations. Remember— "one day at a time."
11. Enjoy the true beauty of holiday love and joy. Maybe you cannot give material gifts—but this year, you can give love.
12. "Having had a . . ." No need to spell out the Twelfth Step here, since you already know it.





Upcoming NCCAA Conferences

Foster City March 11, 12, & 13 2011

Friday 8:00 p.m.	Betty H.	Moapa, Nv.
Saturday 3:30 p.m.	Paco D.	San Jose, Ca
Saturday 8:00 p.m.	Rosie T.	Lakewood, Ca..
Sunday 11:00 a.m.	Gary Ann	Modesto, Ca.

Stockton June 10, 11, & 12 2011

Friday 8:00 p.m.	Sreve B.	Pennsylvania
Saturday 3:30 p.m.	Mary M.	Walnut Creek, Ca.
Saturday 8:00 p.m.	Dave P.	Washington
Sunday 11:00 a.m.	Denise P.	Concord, Ca.

Santa Rosa October 28, 29, & 30 2011

Speakers To Be Announced

San Ramon March 16, 17, & 18 2012

Speakers To Be Announced

Sacramento October 4, 5, & 6 2012

Speakers To Be Announced



AA Grapevine Volume 15 Issue 4 ([September 1958](#))

Lest We Forget...

Resources for Working With Wet Drunks

In Alcoholics Anonymous, Chapter Seven, "Working With Others," contains specific recommendations and suggestions on how to best carry the message to wet drunks, such as: "You will be most successful with alcoholics if you do not exhibit any passion for crusade or reform. Never talk down to an alcoholic from any moral or spiritual hilltop; simply lay out the kit of spiritual tools for his inspection. Show him how they worked for you. Offer him friendship and fellowship. Tell him that if he wants to get well you will do anything to help."

Today, it remains the basic script for AAs carrying the message to other alcoholics.

AAs have found that when experience is shared, good results often follow. : When making a Twelfth Step call, arrange for another AA member to accompany you. Congratulate the prospect on wanting to do something about his drinking problem. Give him some AA literature. Tell him what you used to be like, what happened, and what you are like now. And note what the Big Book says on page 96: "We find it a waste of time to keep chasing a man who cannot or will not work with you. If you leave such a person alone, he may soon become convinced that he cannot recover by

Bill's Last Message

Bill was one of A.A.'s two cofounders.

My dear friends,

Recently an A.A. member sent me an unusual greeting which I would like to extend to you. He told me it was an ancient Arabian salutation. Perhaps we have no Arabian groups, but it still seems a fitting expression of how I feel for each of you. It says, "I salute you and thank you for your life.

My thoughts are much occupied these days with gratitude to our Fellowship and for the myriad blessings bestowed upon us by God's Grace.

If I were asked which of these blessings I felt was most responsible for our growth as a fellowship and most vital to our continuity, I would say, the "Concept of Anonymity."

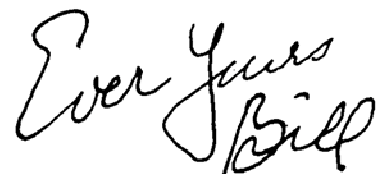
Anonymity has two attributes essential to our individual and collective survival; the spiritual and the practical.

On the spiritual level, anonymity demands the greatest discipline of which we are capable; on the practical level, anonymity has brought protection for the newcomer, respect and support of the world outside, and security from those of us who would use A.A. for sick and selfish purposes.

A.A. must and will continue to change with the passing years. We cannot, nor should we, turn back the clock. However, I deeply believe that the principle of anonymity must remain our primary and enduring safeguard. As long as we accept our sobriety in our traditional spirit of anonymity we will continue to receive God's Grace.

And so—once more, I salute you in that spirit and again I thank you *for your lives*.

May God bless us all now, and forever.

A handwritten signature in black ink that reads "Ever Yours Bill". The signature is written in a cursive, flowing style.

**Read by Lois at the annual dinner given by the New York Intergroup Association in honor of Bill's 36th anniversary—October 10, 1970*

YESTERDAY. . .TODAY AND TOMORROW



Sobriety Birthdays

Arthur B. San Francisco, Ca. 1/15/2002

Barb P. Red Bluff, Ca 1/20

Brooks M. 2/6/1956

Carina H. Livermore, Ca. 12/2/1990

Clem T. Elk Grove, Ca. 1/15/1974

Dennis D. San Leandro, Ca. 1/17/2003

Gavin W. Sunnyvale, Ca 1/13/2003

Gary S. Felton, Ca. 02/20/1990

Howard H. Carmichael, Ca. 12/14/1982

Jean R. Half Moon Bay, Ca. 1/5/1978

Lawrence M. Morgan Hill, Ca. 12/7/2005

Lisa V. Stockton, Ca. 2/1/2005

Michael B. Alameda, Ca. 1/22/1983

Pat G. Sacramento, Ca. 1/28/1988

Peggy B. Lodi, Ca. 2/4/1977

Ray S. San Jose, Ca. 1/21/2001

Whitney G. San Jose, Ca. 2/10/2001



THERE are two days in every week about which we should not worry, two days which should be kept free from fear and apprehension.

One of these days is YESTERDAY with its mistakes and cares, its faults and blunders, its aches and pains. YESTERDAY has passed forever beyond our control.

All the money in the world cannot bring back YESTERDAY. We cannot undo a single act we performed; we cannot erase a single word we said. YESTERDAY is gone.

The other day we should not worry about is TOMORROW with its possible adversaries, its burdens, its large promise and poor performance. TOMORROW is also beyond our immediate control.

TOMORROW'S sun will rise, either in splendor or behind a mask of clouds--but it will rise. Until it does, we have no stake in TOMORROW for it is as yet unborn.

This leaves only one day--TODAY--. Any man can fight the battles of just one day. It is only when you and I add the burdens of those two awful eternities--YESTERDAY and TOMORROW that we break down.

It is not the Experience of TODAY that drives men mad--it is remorse or bitterness for something which happened YESTERDAY and the dread of what TOMORROW may bring.

LET US, THEREFORE, LIVE BUT ONE DAY AT A TIME.

AA Grapevine July 1945

Volume 2 no. 2



What If We Get Into Trouble?

Ernie G. of Toledo, commenting on what he saw to be an increase of anonymity within AA today as compared with the old days, said, "I made a lead over to Jackson [Michigan] one night, and everybody's coming up to me and saying, 'I'm Joe,' 'I'm Pete.' Then one of the guys said, 'Safe journey home. If you get into any trouble, give me a buzz.' Later, I said to the fellow who was with me, 'You know, suppose we did get into any trouble on the way home? How would we tell anyone in AA? We don't know anyone's last name.'"

Dr. Bob & The Oldtimers

AA Grapevine September 1989

Vol 46 no.4

NCCAA
Good News



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