

Good News



OCTOBER,

Published Menthly in San Francisco, California By the Northern California Council of Alcoholics Anonymous Vol. XII No. 11

FALL CONFERENCE AT FRESNO OCTOBER 11-12

BANQUET AT HOTEL CALIFORNIAN

Complimented by a number of meetings of affiliated groups, the NCC Fall Conference of A.A. in Fresno October 11-12 promises something interesting for everyone who attends.

Fresno's Convention Center with its Exhibit Hall Auditorium and meeting rooms is a beautiful setting for the various activities of the two-day event.

Starting with The Hospitals and Institutions meeting at 10 a.m. the program for Saturday, the 11th, is a very full one, with meetings scheduled almost every hour on the hour. (Full schedule page 4-5).

Helen R. of Van Nuys will be the Guest Speaker at the Open Public Meeting Saturday Night & Don G., Hollywood, will speak Sunday afternoon at one.

Clyde D., Southern California General Service Area Chairman, from El Monte, will address the General Service Open Meeting Saturday at 1:00 p.m. and the N.C.C. business meeting will follow at 2:30 p.m.

Of special interest is the meeting of Young People in A.A. Saturday at 3:45 p.m. A visitor, Mike D. from Denver, Colorado, will chair this meeting.

A banquet at Hotel Californian, Van Ness and Kern Streets, 6:00 p.m., \$4.75 per person, will precede the open meeting at 8:30 Saturday Night, Dancing will follow that meeting, and at 10:30 p.m. Ron W. of Clovis will address an A.A. meeting in the Wine Room, 2nd floor.

Alanons and Alateens both have programs scheduled for the two days. All meetings will be held in the Exhibit Hall.

The Alano Club at 3010 Tulare Street will hold open house thruout the conference, according to Max McD., Council Secretary.

"The A.A. Way Of Life"

A selection of Bill's writings on Courage, Depression, Fear, Love, Honesty, etc., a 333-page hard-cover book, price \$3.50 is available.

Order from your office, group or Box 459. Grand Central Station, New York, N.Y. 10017.

A-7-A Annual Dance! Thanksgiving Benefit

A buffet supper and dance sponsored by Group A-7-A for the benefit of their Annual Thanksgiving Dinner will be held at The Alano Club, 319-14th Street, on Saturday, November 1st.

Group A-7-A has for many years, dating back to the old Seventh Street address from which the group took its name, put on a free Thanksgiving dinner open to all comers, and each year they stage a big dance and good time to raise the money to finance this worthy endeavor.

The original idea (at 7th Street—skid-row) was to have Thanksgiv-

DETOXIFICATION UNIT IN S.F. GENERAL HOSP.

A detoxification Center or Unit will be established at San Francisco General Hospital soon after October 1st, the result of a recent appropriation by the Board of Supervisors, according to our information.

We understand that Ward 52 at the hospital will be turned over to the staff handling this operation, making twenty beds available. After the acute phase is over (usually three days), the patient will be transferred to a ward at Laguna Honda Home with up to fifty beds for use by alcoholic patients for further treatment.

Themis House, an alcoholic halfway house for alcoholics, at 4075-17th Street, near Castro, is now ready for the patient when he leaves Laguna Honda Home, supplying food and lodging until he can find work in his own trade or profession. A training program for those without a trade is in prospect to equip them with the ability to earn a living after they leave.

ing dinner for the lonesome, single man or woman (alcoholic), but no one was excluded, and for years the event has been very successful.

The dance will be at The Alano Club, 319-14th Street on Saturday, November 1st, with an anticipated donation of 1.00 per person. This includes the buffet supper. Phone 444-9302 for information.

NEWS OF AA DOINGS IN FRESNO

By GRACE A.

FRESNO EXTENDS A WARM "HI" TO THE CONFERENCE

Eagerly awaiting the conference, Fresno still has a busy schedule for October. The conference will replace the monthly intergroup meeting.

The New Fireside Group which meets Sundays at 8 p.m. at Peace Lutheran Church, is inaugurating a monthly speaker meeting. Larry S. and Charlene W. will be co-speakers at the meeting on October 5th, according to George D., Secretary.

The monthly Alano Club dinner will be held on Saturday, October 18th, with witches and ghosts doing the cooking and planning the entertainment; dinner time, 6 p.m.

Woody W. from Oakhurst will be speaker for the Sunday Morning Breakfast meeting at the Carousel Restaurant on October 19th at 10:00 a.m.

The Village Group, continuing their regular monthly speaker's meeting, is honored to have Jack and Mary R. from Whittier on Friday Night, October 31st, at the St. Columbo's Episcopal Church; the time, 8:30 p.m.

Carol H. is the new Village Group Secretary, and Dean G. has taken over as Secretary of the Friday Afternoon women's group. This group also meets at St. Columbo's Church, a closed meeting at 1:00 p.m.

Lois M. is the newly elected Secretary of the Mary J. Group which meets at the Alano Club Friday evenings at 8:30 p.m.

Fresno A.A. now boasts 22 group meetings each week.

HALLOWEEN PARTY AT 1464 CLUB NOV. 1st

An old-fashioned halloween costume party will 'happen' (take place) at the 1464 Club, 1464 Valencia Street, San Francisco, on Saturday Night, November 1st, according to Doris and Margie.

In addition to the costume competition there will be entertainment booths, a white elephant auction, and dancing from 9 to 12 p.m. Refreshments will also be available.

IN MEMORIAM

Ronald Gallion, a familiar and beloved figure in Modesto A.A. circles, passed away in August. We extend deepest sympathy to his wife and their children.

A member of A.A. for nine years, Ron was H. & I. Chairman of Area #8 until business commitments forced him to dedicate more time to his personal affairs.

Ron believed implicitly in the A.A. program and way of life. His deep sympathy for the sick alcoholic was evident in all his ways, and he often quoted "You must give in order to receive."

BRISBANE GROUP HAS 17th ANNIVERSARY!

The Brisbane Group will celebrate their 17th Anniversary on Sunday, October 5th with a meeting at 7:30 p.m. in the Recreation Hall, according to Estelle R. of neighboring South San Francisco.

Mac., one of the original founders of this group, will be the chairman, and the speaker will be Uska, originally from Finland, and now Los Altos.

Coffee, Cake and arms-length A.A. after the meeting.

Inter-County Fellowship Activities-News-Events

Veikko K., one of the founders of A.A. in Finland, will be Guest Speaker at the Friday All-Groups meeting October 24th. This will be a most interesting meeting. Interesting meetings are planned for all five Fridays in October, at First Unitarian Church, corner of Geary and Franklin Streets, 8:30 p.m.

The Outpost Group will hold the first meeting in their new quarters at Letterman General Hospital in the Presidio on Monday, October 13th, 8 p.m. Colonel Kime, Chief of Psychiatric and Neurological Section of the hospital, will be the speaker, along with Paul G., Central Office Secretary. Enter outpatient entrance and take the elevator to the third floor. The group formerly met on Wednesdays in the Religious Activities Center.

The New Life Group which meets Wednesday Evenings at the Center for Special Problems, 2107 Van Ness Avenue (at Pacific), 2nd floor, has changed its meeting time from 8 p.m. to 7:30 p.m.

Two groups will have their birthday celebrations in October. The Brisbane All-groups will celebrate their 17th anniversary on Sunday, October 5th, at Recreation Hall—1 Solano Ave., Brisbane.

The Santa Rosa Fellowship celebrates its 24th Anniversary on Monday, October 20th, 8:00 p.m. at #70 South 'E' Street. Go and have a good time!

There will be **Open House** at the Central Office, 166 Geary Street, Suite 84, on Sunday, November 16. says Secretary Paul's bulletin. The last open house was a fantastic success. Watch for more details next month!

ESPECIALLY FOR NEWCOMERS

MONDAY BEGINNERS

Speaker Meeting with Questions and Answers THURSDAY BEGINNERS

Speaker-Discussion Meeting

Both Meetings held at 1755 Clay St., San Francisco—8:30 pm Coffee — Refreshments — Arm's Length A.A. after each Meeting

The name of Stan Wilsey, Fairfax, Calif., will be submitted to a meeting of the five California General Service Delegates, to be held on October 5th at the Southern California Convention in Anaheim, when the California nominee for United States Trustee at large will be selected.

Stan's name was voted at a meeting of the Northern California Coastal Area General Service Committee on September 16th at the

Oakland Alano Club, 319-14th St. Delegate Ed B. will present Stan's name, and the name finally selected there will be presented to the General Service Board of Trustees in New York next January.

The new revised "AA SERVICE MANUAL" can be purchased for \$1.00, either from New York or through the local committee. It may be a good idea for each A.A. group to have a copy because it is full of A.A. information that every group secretary and/or member can use.

All members, A.A. and Alanon, who intend to go to the convention in Florida next July, 1970, should be registered with General Service, New York, N.Y. 10017. This is most important because the first mailing of registration and housing forms will be October 15, 1969, to members who are registered.

The forms should be filled out immediately and returned to the General Service office in New York to be assured of reservations which will be made on a first come, first served basis.

FAITH ALANON GROUP SPECIAL PANEL MEET

The Richmond Disrict Faith Alanon Group will hold a special open meeting on Wednesday, October 15th, 8:30 p.m. at Lincoln Park Presbyterian Church, 31st Avenue and Clement Street. "Everyone is invited; please come!'

A panel composed of both A.A.'s and Alanons will answer any questions, which should make for an interesting and informative meeting. Coffee and home-made cakes after the meeting.

INTERIOR G.S. AREA **ELECTS 5 OFFICERS**

The Northern Interior Area General Service Assembly, held in Sacramento, September 13th, elected five officers for the next two years, 1970-71. This is in accordance with the recent rules change increasing the committee from 3 to five members, adding a Secretary and a Chairman.

Those elected were: Ralph W.—Delegate Bob B .- Alternate Delegate Bill S .- Treasurer Annette F.-Secretary

George A. H.-Chairman

The next General Services program will be at the Fresno Conference in October.

KATIE G. DECEASED

Bud G.'s wife, Katie, passed away on August 31st after a short illness. She also leaves a son, Johnny, Katie's passing will leave a void in the lives of many. Sometimes referred to as "a born Al-Anon", she was always willing to extend a friendly, helping hand.

Bud, active in Hospital and Institution Committee work as well as General Service, requested no flowers, in accordance with his wife's wishes.

A number of friends of Bud and Katie are starting a Katie G. Memorial Fund. Donations may be sent to either the San Pablo or El Cerrito Fellowships or to the Oakland East Bay office at 370-40th Street, Oakland 96409.

From Betty—Yuba City

We celebrated our first year at Sutter County Hospital on August 11th. The doctors who requested our meetings in the hospital are behind us 100%. Monday, September 8th we had 16 people, 4 patients returning to the meetings. This is great!

OAKLAND-EAST BAY FELLOWSHIP CENTRAL OFFICE NEWS & NOTES

The 'Piggy Bank' idea, inaugurated by this office some time ago, has really taken hold in many East Bay groups. Started primarily for Happy Birthday contributions it is becoming more and more popular.

During the last two or three months 9 banks were turned in totaling more than \$150.00. Two groups benefitted by 50% each of \$100.00 donated by a very grateful Birthday Gal who wanted both North Brae Group and the Thursday Afternoon to share the credit.

A new young people's group, Berkeley Young People, will hold their first meeting on Friday, October 3rd, 8 p.m., at 2345 Channing Way in Berkeley (Church) an open discussion meeting.

Two groups recently announced address changes for their meetings. The Diamond Link Group is now meeting at St. Stephen's Methodist Church, 3755-13th Avenue (at E. 38th Street and Park Blvd), entrance off the parking lot. They held a 'house-warming' meeting on Monday, September 29th.

The Westminster Group started meeting at All Souls Episcopal Church, Cedar and Spruce Streets, on Saturday Afternoon, 1 p.m. September 13th.

Stan W. At San Jose Fellowship October 12

Stan W. of Fairfax (and San Francisco) will be Guest Speaker at the Downtown Fellowship, 590 South First Street, San Jose, on Sunday, October 12, 1969, at 8:30 p.m. according to Paul W., Man-

CALENDAR OF EVENTS

October 11-12-Fall Conference, Northern California Council, Fresno. California.

October 25-Inter-County Fellowship 1969 Annual A.A. Banquet.

November 1-A-7-A Annual Thanksgiving Benefit Dance & buffet, at The Oakland Alano Club, 319-14th Street. Donation \$1.00 -Phone 444-9302.

November 22-Coastal Area General Service assembly, Nourse Auditorium, San Francisco.

COMING EVENTS IN OTHER STATES

Oct. 31-Nov. 1-2-Third Annual Southern Nevada Roundup, Hacienda Hotel, Las Vegas, Nevada. P.O. Box 4322.

November 6-9-Shreveport, Louisiana-24th Tri-State A.A. Convention. The Washington-Youree Hotel, P.O. Box 1128, Shreveport, La. For Banquet tickets (\$5.00) write P.O. Box 495.

November 7-9-San Antonio, Tex. -19th Annual Southwest Texas GS Conference, Gunter Hotel. Write Chairman, Suite 919, Travis Building, San Antonio, Texas, 78205.

January 16-18-Beaumont, Texas -Southwest Texas General Service Conference, Royal Coach Inn, P.O. Box 3322, Beaumont, Texas. 30th Anniversary of A.A. West of the Mississippi.

July 3-5-35th Anniversary of A.A. International Convention, Miami Beach, Florida. Headquarters, Fontainbleau Hotel: Al-Anon, Eden Roc Hotel. Reservation blanks by mail October 15, 1969.

ANNUAL FALL CONFERENCE NORTHERN CALIFORNIA COUNCIL OF A.A. OCTOBER 11-12, 1969

FRIDAY, OCTOBER 10, 1969

8:30 P.M.—Pre-Conference "Kick-Off" Meeting, Exhibit Hall Aud.

Chairman: Darrel J., Fresno Chapter 5: Jim R., Hanford Traditions: Mary Pat A., Clovis Speaker: Dave A., Lafayette

SATURDAY, OCTOBER 11, 1969

9:00 A.M.—Registration, Exhibit Hall Auditorium

10:00 A.M.—Hospital and Institution Meeting, Exhibit Hall, Wine Room, 2nd Floor.

Chairman: Kim M., Coordinator, San Quentin

A.A. Speaker: Virginia M., Modesto

Guest Speaker: Ed Price, Businessman, San Francisco

11:00 A.M.-N.C.C. Central Committee Meeting, Exhibit Hall, Fowler Room, 2nd Floor

1:00 P.M.—General Service Open Meeting, Exhibit Hall,

Wine Room, 2nd Floor

Moderator: Norman W., San Francisco Chapter 5: Dottie R., San Francisco

Traditions: Frances C., San Francisco

Speaker: Clyde D., El Monte

Southern California General Service Area Chairman

2:30 P.M.-N.C.C. Business Meeting, Exhibit Hall, Wine Room, Chairman: Max McD., Secretary, N.C.C.

2:45 P.M.—Secretaries Meeting, Exhibit Hall,

Wine Room, 2nd Floor

Moderator: Joe F., Fresno

Panel: Joe G., Ukiah

Dottie S., Redwood City

Holly P., Salinas

Jim H., Modesto

3:45 P.M.-Young People in A.A. Meeting, Exhibit Hall, Wine Room, 2nd Floor

Chairman: Mike D., Denver, Colorado

Chapter 5: Bob D., Coalinga

Traditions: Pam K., Oakland

Speakers: John K., Roseville

Kathy S., San Francisco

6:00 P.M.—Banquet, Hotel California, Van Ness at Kern Street

8:30 P.M.-Open Public A.A. Meeting, Exhibit Hall Auditorium

Chairman: John F., San Carlos

Invocation: The Reverend M. Fletcher Davis, Saint Columbia's Episcopal Church, Fresno

Address of Welcome: Joseph A. Reich, Supervisor

of Fresno County

Chapter 5: Rita M., San Mateo

Traditions: Sally H., Nevada City

Guest Speaker: Helen R., Van Nuys

10:15 P.M.-Door Prize Drawing, Exhibit Hall Auditorium

10:30 P.M.-Dancing, Exhibit Hall Auditorium

10:30 P.M.—A.A. Open Meeting, Exhibit Hall,

Wine Room, 2nd Floor

Chairman: Bill C., Sacramento

Chapter 5: Barbara M., Santa Rosa

Traditions: Al B., Madera

Speaker: Ron W., Clovis

FRESNO CONVENTION CENTER **700 "M" STREET** FRESNO. CALIFORNIA

SUNDAY, OCTOBER 12, 1969

9:30 A.M.—General Service Open Meeting, Exhibit Hall,

Wine Room, 2nd Floor

Moderator: Bob B., Pondosa

Chapter 5: Dottie B., Fresno

Traditions: Earl J., Sacramento

Presentations: There will be two speakers on each

subject, stating opposite trends of thinking

Subject: Conference Approved Literature vs.

unapproved

Advocator: Annette F., Fresno

Opponent: Rollin W., San Francisco

Subject: Third Legacy Manual in A.A.

Advocator: Elsie F., Sacramento

Opponent: Phil W., Sacramento

Subject: Anonymity, closely guarded or loosely used

Advocator: Joe B., Napa

Opponent: Harvey E., Woodland

10:45 A.M.—Hospital & Institutions Workshops

Institution Workshop:

Chairman: Stan W., San Francisco, Area VI Chairman,

Exhibit Hall, Fowler Room, 2nd Floor

Hospital Workshop:

Chairman: Betty S., San Pablo, Exhibit Hall,

Kingsburg Room, 2nd Floor

1:00 P.M.-Open Public A.A. Meeting, Exhibit Hall Auditorium

Chairman: Gene D., Calistoga

Invocation: The Reverend Harry B. Lee, D.D. Dean,

Saint James Episcopal Cathedral, Fresno

Chapter 5: Patricia M., San Francisco

Traditions: George R., Visalia

Guest Speaker: Donald G., Hollywood

3:00 P.M.-Conference Adjourns

ALANON PROGRAM

SATURDAY, OCTOBER 11, 1969

9:00 A.M.—Registration, Exhibit Hall Auditorium

10:00 A.M.-World Service Meeting, Exhibit Hall,

Coalinga Room, 2nd Floor

Delegate: Muriel B., San Jose

Message From World Service

1:00 P.M.-Alanon Open Meeting, Exhibit Hall,

Coalinga Room, 2nd Floor

Chairman: Dorothy C., Fresno

Invocation: Rt. Reverend Francis X. Singleton, P.A.

V.U., Rector of St. John's Cathedral, Fresno

Twelve Steps: June D., Fresno

Twelve Traditions: Betty R., Fresno

Guest Speakers: Mary Ann L., Ventura

Faun L., Redding

3:30 P.M.-Hospital & Institution Meeting, Exhibit Hall, Coalinga

Room, 2nd Floor

Chairman: Marion W., Concord

Co-Chairman: Ada D., Modesto

(Program Continued on Page 6)

A.A. PAMPHLET FOR YOUNG ALCOHOLICS

A new edition of the pamphlet, Young People And A.A., is now available according to Dr. John L. Norris, nonalcoholic chairman of A.A.'s Board of Trustees.

Featuring ten case histories of young men and women who first came to Alcoholics Anonymous in their teens or early twenties, the 42-page pamphlet answers questions young people might have regarding a possible drinking problem. It also describes how they can obtain help through the Fellowship of Alcoholics Anonymous.

The pamphlet notes among other things: that no one is "too young" to be an alcoholic; that it is possible to start drinking alcoholically at the very beginning or within a year or two, and that it doesn't matter how little you drink or the fact that you only drink beverages with a low alcoholic content. The measurement is the effect that it has on your life.

The pamphlet also points out and describes such danger signals for young drinkers as: blackouts: attempts to control drinking: guilt feelings, and drinking to overcome feelings of inadequacy or shyness.

Single copies of the pamphlet are available free from the General Service Office of A.A., 305 East 45th Street, New York, N.Y. 10017.

Alateen Program

SATURDAY, OCTOBER 11, 1969

- 9:30 A.M.-Alateen Sponsor Workshop, Exhibit Hall, San Joaquin Room, 2nd Floor.
- 10:00 A.M.-Alateen Workshop, Exhibit Hall, San Joaquin Room.
- 1:00 P.M.-Alateen Discussion Meeting, Exhibit Hall, San Joaguin Room, 2nd Floor.
- 3:15 P.M.-Open Alateen Meeting Exhibit Hall, San Joaquin Rm.,
- 9:00 P.M.-Aiateen Dance, Exhibit Hall, San Joaquin Room

SUNDAY, OCTOBER 12, 1960

10:00 A.M.-Alateen Early Bird Meeting, Exhibit Hall, San Joaquin Room, 2nd Floor

Monterey Area Office Completes First Year

The Monterey Bay Area Central Office has just completed its first year of operation. Starting August 1, 1968, with 12 groups, the office now services 24 Monterey and Salinas Area groups.

During the past year the membership is reported to have tripled, with six new groups being formed to accommodate the overflow attendance, and the area is now bustling with A.A. activity.

A birthday celebration speaker meeting is held every third Friday at the beautiful Pacific Grove Community Center.

The most recent endeavor of the Office is a weekly "Introduction to A.A." meeting for court referrals. It is held at the County Courthouse under the sponsorship of Monterey Municipal Court Judges Russell Zaches & Eugene Harrah.

The office is located at 572 Lighthouse Avenue, Pacific Grove, Calif. 93950, Phone (408) 373-3713.

11th Anniversary Of Henry Ohlhoff House

With a record of more than 1,400 male residents helped in their battle against alcoholism, Henry Ohlhoff House will celebrate its 11th anniversary on Sunday, October 12, 1969, 2-5 p.m.

The celebration will feature a tour of the buildings and grounds, a special meeting and brief prayer service, and refreshments. The House accommodates 50 residents, and presents a long-term recovery program.

A special open A.A. meeting will be held at 8 o'clock that evening. The House, under the direction of The Rev. Kenneth M. Gearhart, is in an historic mansion, 601 Steiner Street at Fell, in San Francisco.

WE ARE RESPONSIBLE

When anyone, anywhere, reaches out for help, we want the hand of AA always to be there. And for that, WE ARE RESPONSIBLE.

NEWS FROM STOCKTON Letters To The Editor

The monthly pot-luck dinner will be held on Saturday, October 4th at 6 p.m. The regular open meeting at eight will be followed with bingo.

Birthday cake for October will be shared by Chet M. and Art W. (7 years) Freddie G. (4) and Mike H. (2) on Friday, October 17th.

The open speaker's night meeting will be on Saturday, the 25th, at 8 p.m. Bingo and a general good time will follow this meeting.

Jack Irving Reprints

The reprints of Jack Irving's article, "The Responsibilities of a Group Secretary" are now available for those wishing copies. The bulk rate is 50¢ a dozen, but single copies will be sent free to GOOD NEWS subscribers upon request. Address GOOD NEWS, 166 Geary Street, Room 84, San Francisco, Calif. 94108. Remittance must accompany bulk orders; stamps acceptable.

We also have a supply of "Certificate of Appreciation" forms to give to Guest Speakers; available in exactly the same manner as above.

What Else?

The professor rapped on his desk and yelled "Order". The entire class promptly shouted "Bourbon." Ukiah, Calif. September 13, 1969

Good News, 166 Geary Street, Room 84, S.F. 94108

Somehow — someone — forgot to send in our little write up about our intergroup dinner August 9th, sponsored by the Ukiah Fellowship.

The dinner was held at the Ukiah Grange Hall, a catered dinner prepared by the grange committee, from soup to dessert, a real nice dinner. We had a good turnout, about 100 people. The speakers table was beautiful with a big centerpiece of flowers.

Ola J., from Menlo Park, was the speaker and what a great message he had. There was a large birthday cake for those members who had birthdays in the month of August. Lots of coffee and after the meeting much socializing and arms-length A.A.

> Thank you, Jen P., Ukiah Fellowship Group

Every AA Group Should have GOOD NEWS on their FREE literature table.

Has YOUR group?
WHY NOT?

ALANON PROGRAM (Continued from Page 5)

SUNDAY, OCTOBER 12, 1969

10:00 A.M.—Alanon Open Meeting, Exhibit Hall, Coalinga Room, 2nd Floor

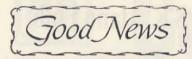
> Chairman: Diane B., Fresno Invocation: Richard E. Griffin, Elder, First Presbyterian Church, Fresno

Twelve Steps: Doris C., Fresno Twelve Traditions: Audrey S., Fresno A.A. Speaker: Patty K., Sacramento Alateen Speaker: Kathy C., Sacramento

Alanon Speakers: Maralyn W., Fresno

Kay C., Sacramento

ALL MEETINGS WILL CONVENE AND ADJOURN ON SCHEDULE. SNACK BAR WILL BE CLOSED DURING 8:30 MEETING SATURDAY EVENING AND 1:00 P.M. MEETING SUNDAY.



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EDITORIAL

This Editorial is furnished by Mr. Abraham Lincoln, Mr. Lincoln, in 1842, said:

"In my judgment such of us who have never fallen victim (to alcoholism) have been spared more by the absence of appetite than from any mental or moral superiority over those who have. Indeed, I believe if we take habitual drunkards as a class, their heads and their hearts will bear an advantageous comparison with those of any other class.

There seems ever to have been a proneness in the brilliant and warm-blooded to fall into the vice—the demon of intemperance ever seems to have delighted in sucking the blood of genius and generosity.

The victims should be pitied and compassioned, just as are the heirs of consumption and other hereditary diseases. Their falling should be treated as a misfortune, and not as a crime, or even as a disgrace!"

"Up the Creek"-Occoquan, Va.

Subscribe to GOOD NEWS

H&I BROADSIDES

By George R., general chairman,
Northern California Hospital & Institution Committee

On Sunday, August 24, 1969 the regularly scheduled General Meeting of The Hospital and Institution Committee was held at The Veterans Building in the coastal city of Santa Cruz. Our host, Elton (Pinky) P., Area XI Chairman, ably assisted by the Santa Cruz H and I members, secured the building and provided the doughnuts and coffee. Our thanks to them for their excellent hospitality. The morning session was devoted to reports from the Area and Regional Chairmen, Secretary, Treasurer and Librarian.

The afternoon session was utilized for questions and answers on pertinent topics and problems of the many facilities covered. In addition, our Tape Librarian, Russ M. of Richmond pointed out that we have many tapes of Conference A.A. speakers in our library. These tapes are available for H and I work in our various facilities, and can be secured by contacting Russ at 1915 Franciscan Way, Richmond. 94805. These tapes are available—let's make some use of them. It was also decided to rotate The General Meetings through the five different regions (Southern Coastal, Southern Valley, Northern Valley, Northern Coastal and San Francisco). The next General Meeting will be held at Fresno, Sunday, November 9, 1969. Details will be announced later.

Many of us engaged in Hospital and Institution work often wonder whether or not we are actually getting the message across to those who are confined in the various institutions. Often we never know, but occasionally we see or hear that our efforts have been rewarded. These instances often stir us on to greater endeavors.

During the past several months two such letters were received concerning the results of our efforts. One from an ex-state hospital patient who now lives in another state. She stated that she first heard about A.A. at Napa State Hospital at a Sunday night A.A. meeting and has enjoyed sobriety for over 5 years. The other letter was from an ex-mate of San Quentin who has now been sober 11 years.

During August, 1968, your General Chairman received a letter from a newly formed H and I group in Johannesburg, South Africa requesting information on how to establish an H and I Committee and any other information we might have to help them. I answered their questions as well as possible and sent them a copy of "How It Works", a sample schedule, etc. At that time they had not yet been active in any of the institutions in that country.

Last month I received another letter from the same group. They are now an active H and I Committee set up similiar to our committee. They now cover seven Institutions, several clinics and several facilities where alcoholics are confined up to a year for treatment. This letter indicates they are having growing pains similar to what our committee has gone through in the past. Also they are requesting additional information to help solve some of their current problems. This points out that many of the things that our committee has learned the "hard way" are useful to others in H and I work in other parts of the world.

See you all at the Conference at Fresno October 11 and 12, 1969.

NEWS FROM MODESTO

Group One, meeting at 416 Los Olivos Way, celebrate their fourth year at the same location this month. Secretary Matt W., will also celebrate his third A.A. birthday, and Betty J. her first.

Trinidad G. is at home recuperating after surgery in the Veterans' Hospital at Fresno. He is very active in H. & I. work.

The Alano Club, 706 First Street, is planning a series of monthly Saturday Night Dances, scheduled in accordance with other A.A. activities. Those who enjoyed the dance on September 20th also "snacked" on a fifteen pound turkey contributed by a member.

Business meetings are held the first Tuesday of each month at 7:30 p.m., the second Saturday is speaker's night, and every fourth Saturday is pot-luck at the Club. In addition, an 11 a.m. Sunday Morning Spiritual meeting has been added to the Club's weekly schedule.

In deference to the NCC conference in Fresno, the October speaker meeting will be changed to October 18th. The Guest Speaker will be Jack T., Alameda. October birthdays include Secretary Jim H. (3) and Bill B. (2).

The Freeway Al-Anon group, by agreement with Darrel C., Secretary, started a series of 'fifth Friday' open meetings on August 29. This experimental meeting was well attended and enthusiastically received by A.A. and Al-Anon members alike, the purpose being to acquaint interested persons with the Al-Anon program and its basic principles patterned after the A.A. creed.

The next session is scheduled for Friday, October 31st, 8 p.m. at 1115 Fifth Street.

The Veteran Traveler told of his surefire way of never getting lost, even in the heart of the most impenetrable jungle: "It's simple. Just start mixing a Martini and some clown is sure to appear and say: 'That's no way to mix a Martini!'"

News Events from S.F. Alano Club

By Paul "Bus" D.,

We're still whooping it up at the club. Every month our dances and parties get bigger and better—SO—if time hangs heavy on your hands just remember, the S.F. Alano Club is *ump'in almost every week-end—and you're invited. Keep these dates handy for future reference.

SATURDAY, OCTOBER 4th—"FIRST 'O THE MONTH DANCE". Dancing to our great little combo, the "Dry Notes". Door prizes just for you.

SATURDAY, OCTOBER 18th—"COLUMBUS DAY DANCE". Discover the club on this dance night, you won't be sorry. The "Dry Notes", of course and personalized door prizes, too.

SATURDAY, OCTOBER 25th—"OCTOBER BIRTHDAY PARTY AND DANCE". On this night you can help all those who have their A.A. Birthdays in October celebrate. Coffee and cake, dancing to fine records.

San Francisco has a beautiful Alano Club, if you haven't visited it you don't know what you have missed. You're always welcome. So keep these dates handy and don't forget the address.

SAN FRANCISCO ALANO CLUB 414 GRANT AVENUE—CORNER BUSH STREET

S.F. Tuesday Downtown Moves To Alano Club

The Tuesday Night Downtown Group which has been meeting at Post and Mason Streets has moved to The Alano Club, 414 Grant Avenue, according to Silas P., Secretary.

Tuesday Downtown is one of the oldest groups in San Francisco, where many members first found sobriety. It got so big, meeting at the old French Catholic Church on Bush Street, that it was finally split into two groups, meeting on Monday and Tuesday.

Both groups now meet at The Alano Club at 8:30 p.m., Monday is an open group and Tuesday is closed, speaker discussion.

BONE DAMAGE IS NEW THREAT

Bone damage has now been added to the list of degenerative diseases associated with the prolonged use of alcohol.

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