



Good News



**JANUARY
1966**

Published Monthly in San Francisco, California
By the Northern California Council of Alcoholics Anonymous

**Vol. IX
No. 5**

January Speakers for "Show Case Meetings" Set

The All-Groups Meetings, sponsored by S.F. Inter-County Fellowship, at 240 Golden Gate Avenue, will feature an excellent array of speakers to kick-off the New Year in proper style and set the tone for '66. The January meeting schedule is, as follows:

FRIDAY, JAN. 7—Winnie B., Marin Newcomers Group; and Dr. Gil A., M.D., S.F. Inter-County Fellowship.

FRIDAY, JAN. 14—Ruby H., Marin Newcomers Group; and Jim W., Marin County Group.

FRIDAY, JAN. 21—Joe A., Modesto (Calif.) Group; and the Reverend Andrew G. Hanners, Educational Director, Council on Alcoholism Problems, Oakland, Calif.

FRIDAY, JAN. 28—Marc A., San Francisco-Marin Breakfast Group; and John G., Press Club Stag Group.

All meetings start promptly at 8:30 p.m. but the doors of the Building Service Center, 240 Golden Gate Avenue, open at 7:00 p.m. and the Coffee Bar at 7:30 p.m.

Dubbed the "Show Case Meeting" of S.F. Inter-County Fellowship, partly because of the well-balanced programs offered continuously throughout the year and partly because of its ideal setup to introduce a Doubting Thomas, the meeting place, itself, is hand-tailored for AA gatherings.

Padded seats, good acoustics, air-conditioning, fine Public Address system are some of the amenities in addition to good programming.

Parking, at nominal cost, may be obtained around corner on Leavenworth Street.

The meetings are open to the general public.

Service Center of Southern Alameda Plans Celebration

Although details have not been fully worked out, plans are being blue-printed by Southern Alameda County Service Center to observe the Center's Second Anniversary, Saturday, April 2, in Hayward.

Ed C., editor, The Triangle, official publication of the AA groups in Southern Alameda County, said the Center announced its forthcoming anniversary to avoid possible conflict with other events occurring in the same area on the same date.

Alano Club to Hold 2 Parties

The San Francisco Alano Club plans two swingin' parties in January, Frank M., program chairman, announced.

SATURDAY, JAN. 15—A big Mid-Month Dance with party favors, door prizes and danceable tunes by the "Jumpin' Jacks".

SATURDAY, JAN. 29—End 'O Month Birthday Dance to celebrate and observe the birthdays of all AA members whose birthday—their AA birthday, that is—occurs in January. Coffee, cake and prizes for all.

San Francisco Alano Club is located at 414 Grant Avenue at the Gateway to San Francisco's famed Chinatown. It is a haven for members who have no local family ties and need the fellowship and club-like atmosphere which the Alano management provides.

Tourists and out-of-state AA members and friends have used the club as "temporary headquarters" during San Francisco visits.

All-Groups of Peninsula Set January Agenda

Five excellent AA speakers will occupy the podium of the Peninsula All-Groups meetings in January including Frank B., the factotum and "spark plug" of the Seven Seas Club. The month's roster is, as follows:

SATURDAY, JAN. 1—Wayne S., Park-Presidio Group, S.F. Inter-County Fellowship.

SATURDAY, JAN. 8—Ken "Mac" McA., Industrial Club, S.F. Inter-County Fellowship.

SATURDAY, Jan. 15—Florence S., Surf Group, S.F. Inter-County Fellowship.

SATURDAY, JAN. 22—Bob D., The Ambassadors, S.F. Inter-County Fellowship.

SATURDAY, JAN. 29—Frank B. Seven Seas Club of San Francisco.

Peninsula All-Groups conducts Open Meetings in the Recreation Room of St. Matthews Episcopal Church Baldwin Avenue and El Camino Real, San Mateo.

Coffee is served before and after every meeting with plenty of arm-length AA available. Everyone is welcome, the Program Chairman announced.

Santa Rosa Alano To Hold Dinner

The monthly dinner and speaker-meeting of the Santa Rosa Alano Club will be Saturday, January 8, at the Alano Club in Santa Rosa.

A box social is scheduled for 6:00 p.m. which will be followed by the speaker-meeting at 8:15 p.m.

**Attend Meetings! It's your
Sobriety Insurance!**

Rutgers Expert Says— People Get Loaded Purposely —Hardly Ever By Accident

Most people who over-indulge in holiday cheer at that New Year's party, do so quite intentionally, according to Robert W. Jones, associate director of the Rutgers Center of Alcohol Studies. People rarely get drunk by accident, he says.

"They may deny it, even to themselves, but by failing to take generally known precautions about drinking, they show that they intend to get loaded."

There are certain patterns of party behavior, Jones points out, which come into play before the party-goer has had a drink. Some of these party behavior patterns look like the effects of alcohol.

When you start out for a party, chances are you are already acting as if you were somewhat 'high,' he says.

"Your voice gets a little louder, you find mildly funny remarks hilarious, you tend to be excited and ebullient," Jones claims. "It's likely that your driving, even before you've had a drink, is going to be more carefree than usual."

If you intend to stay sober, Jones advises, have a fairly full meal before you begin drinking. A full stomach reduces the speed with which alcohol passes into the bloodstream.

Many drinkers think there are some foods, such as milk, which can help prevent drunkenness by "lining the stomach," Jones says that "they might as well eat a steak—any high protein food in the stomach acts in the same way."

Another frequently accepted belief that he disputes is the effectiveness of coffee as a sobering-up device.

"Researchers have established that coffee won't sober you up. The only good it does is that you're at least not drinking alcohol during the time you're drinking coffee."

The drinker who doesn't want to over-shoot his capacity should space

out his drinks, Jones suggests. A useful gauge is that the body metabolizes roughly three-fourths of an ounce of whiskey each hour.

Even an inexperienced drinker, Jones believes, is unlikely to get drunk if he limits himself to two highballs the first hour of a party and one each hour thereafter. However, here are wide individual differences in tolerance of alcohol, so each person has to know his own reactions.

"A frequently useful trick is to fake drinking. If you think you've had enough, wander around with a ginger ale in your hand. Don't let social pressures force you to drink more than you think you can handle," Jones advises.

Even an experienced drinker is likely to get intoxicated if he tries to consume two or three martinis an hour during a party.

"The alcohol blood level builds up, and it takes only a few hours at that rate to show a reading of .15 which is legally admissible proof of intoxication in New Jersey," Jones says.

As a rough rule of thumb, he indicates that one bottle of beer, 2 ounces of fortified wine (20 percent alcohol) or four ounces of natural wine (10-12 per cent alcohol) are equivalent to one ounce of whiskey.

"Despite all the attention to the legend of heavy drinking on New Year's Eve, I don't believe most Americans over-indulge on that particular night," Jones sums up. "Most people don't want to get really drunk, and they don't. Maybe I'm just getting old, but it seems to me that there's a trend for people either to stay home or have a quiet party with a few old friends on New Year's Eve."

"The one bit of advice I'd give is that people should admit to themselves if they intend to get drunk on New Year's Eve. If they do, they can leave the car at home."

Anniversary for Daly City Group

The welkin will ring and the welcome mat is out for the Third Anniversary Party which will be celebrated by Daly City Group at 8:00 p.m., Wednesday, January 12.

Affair takes place in the school auditorium of Our Lady of Perpetual Help, 80 Wellington Avenue, Daly City.

Keynote speaker is Father Barney N., Portland, Ore., and the chairman John F., San Carlos Group.

After the meeting, refreshments will be served. Dancing to the music of "The Dry Notes" will climax the evening.

Good Speakers at Thursday Beginners'

Speakers that carry a "punch" and put over the basic principles of AA are necessary requisites at beginners' meetings. Those scheduled for Thursday Beginners' Group in January are no exception. Here's the roster:

THURSDAY, JANUARY 6—Pat E., Panhandle Group of S.F. Inter-County Fellowship.

THURSDAY, JANUARY 13—Don H. Seven Seas Club of San Francisco.

THURSDAY, JANUARY 20—Harold F., Hospital and Institution Committee.

THURSDAY, JANUARY 27—Robbie D., Panhandle Group, S.F. Inter-County Fellowship.

Meetings are held at 8:30 p.m. at 261 Fell Street, between Franklin and Gough Street. Committee for January is Ila W., chairman, Aletha McC., Ernie B., and Fred R.

J. MacHugh Dies

John MacHugh, a dedicated and loyal member of Daly City Group, passed away Friday, December 17.

He was mourned by members of his immediate family and in addition, a host of AA members from Daly City Group, attended Mr. MacHugh's funeral services.

Nor-Cal Intergroup Speaker-Meeting at Gridley is Slated

Harriet H., central office secretary, San Francisco Inter-County Fellowship will be guest speaker at a No Host Dinner and Speaker-Meeting sponsored by Northern California Intergroups, Saturday, January 15.

Monday Beginners' Meetings are Set

A committee composed of John McC., chairman, Jack G., Paula S., Gene D., and Rosemary T. have lined up the following roster of fine speakers for the Monday Beginners' in January:

MONDAY, JANUARY 3—Speaker is George S., Forest Hill Group.

MONDAY, JANUARY 10—Walt P., San Francisco Inter-County Fellowship.

MONDAY, JANUARY 17—Rosemary T., Monday Beginners' Group.

MONDAY, JANUARY 24—Bill D., also of Monday Beginners' Group.

MONDAY, JANUARY 31—Phyllis M., Panhandle Group, S.F. Inter-County Fellowship.

Meetings are held at 8:30 a.m. at 1755 Clay Street, between Polk and Van Ness Avenue.

H & I BROAD-SIDES

By BILL S., Chairman

Dear Editor:

HERE WE go again! Just talked with Rosalie, (my very able and indispensable assistant) and in our conversation H & I Broad-Sides was mentioned.

AS FAR AS I can see, there isn't any need putting the Coming Events in, as they will be over by the time the January is out.

IN THE Daily Sacramento "Union", dated December 21, 1965, in Kirt Mac Bride's "Good Morning" column, was the enclosed article which I think would be appropriate for the January issue of GOOD NEWS. Here's the item:

A READER in Fresno sends a message which speaks volume this season. He's signed his name but asks I keep it anonymous:

"Through your column, would you please wish a Merry Christmas and a Happy New Year to the Northern California hospital and institution committee of Alcoholic Anonymous? Over 12 years ago, I was behind the walls at Folsom prison because of drink. These people carried the message to us and through this message I am now a free man and have not had a drink of alcohol in 12 years. Thank you."

I WOULD like to express my own very Merry Christmas and Happy New Year Greetings to all the dedicated workers of the Hospital and Institution Committee who have given of their time to "Carry the Message". Merry Christmas and Happy New Year to you.

"Bus" Doing Nicely

Although he is still a patient at Fort Miley Veterans Hospital, San Francisco, Paul "Bus" D., has recovered sufficiently to spend weekends at his home. "Bus" has made a remarkable recovery, attending doctors said.

New Group Starts

A new group has been organized for any AA member who would like to do 12 Step Work in Hospitals and institutions. Named the Hospital & Institution Information Meeting of Area Two, it meets every Wednesday at 8:30 p.m. at the San Pablo Friendly Fellowship, 13857 San Pablo Avenue, San Pablo, Pat M., chairman, announced.

In-Between Buffet Set for January 8

Charles R., S.F. Inter-County Fellowship, will be guest speaker at a combination buffet and speaker-meeting, sponsored by In-Between Fellowship, 4710 East 14th Street, Oakland, Calif.

The affair celebrates the first AA birthdays of Fran and John N., and Tom and Eileen M., who had their first contacts with In-Between Fellowship, 12 months ago, Marty, the secretary of the group, said.

WANTED ASSISTANT SECRETARY, CENTRAL OFFICE S.F. INTER-COUNTY FELLOWSHIP

Applications are now being accepted by the Central Service Committee for the position of Assistant Central Secretary

Salary is modest — Duties are varied — Typing and office experience helpful — Active interest in AA affairs is essential — State length of sobriety in resume — Opportunities for AA service are unlimited.

Those interested, please send resume to
Central Service Committee
166 Geary Street, Room 84,
San Francisco, 94108

Functions, Structure of

(Editor's Note: The Northern California Council voted to publish a handbook to acquaint the members and newcomers as well as outside interested friends as to the functions, structure and purposes of NCC. The following is a prepublication printing of that handbook.)

We all come to A.A. with one objective, to learn how to overcome and control our drinking problem. While there are some "Loners" who find sobriety through A.A. the very great majority are unable to attain that which we all seek, without the help of others. Therefore we have banded together "Groups" and hold Group Meetings.

But we also learn that Groups, as isolated units, are often unable to solve problems such as conflicts in personalities, dissensions, type and handling of meetings, etc. The solution of these problems are often beyond the abilities of the Group within its own membership. We know that our Group future will be fashioned in accord with today's unity or discord.

As a result we take another big step forward. We learn that the solution is in sharing Group Experiences, Strength and Attainments with each other.

The Workshops and A.A. Meetings give each member working tools for a contented life.

HOSPITAL & INSTITUTION

This Committee bears the responsibility to those unfortunates in Hospitals and Institutions. It is a separate committee, entirely self-contained, Northern California Council.

At the time of publication of this handbook, members serving in the work of the Hospital and Institution Committee. Over 70 institutions are being served, traveling over 3000 miles each week in the service of the Council.

The Northern California Council is outstanding, in the nation, example of what this were our only activity we could accomplish. The functions of the Council.

GOOD NEWS

The biggest and best newspaper (monthly) will give you all the news. It prints the details of Group events, reports the activities of the Northern California Council, General Service and more. You will be well informed if you read GOOD NEWS, which is set to cover the cost of printing.

TAPE COMMITTEE

The purpose of the Tape Committee is to collect the property of the Council at Conferences and Committee Meetings. At a nominal cost, to Groups or Individuals. If the monies received by the Tape Committee become excessive, the excess should be deposited to the council's Account.

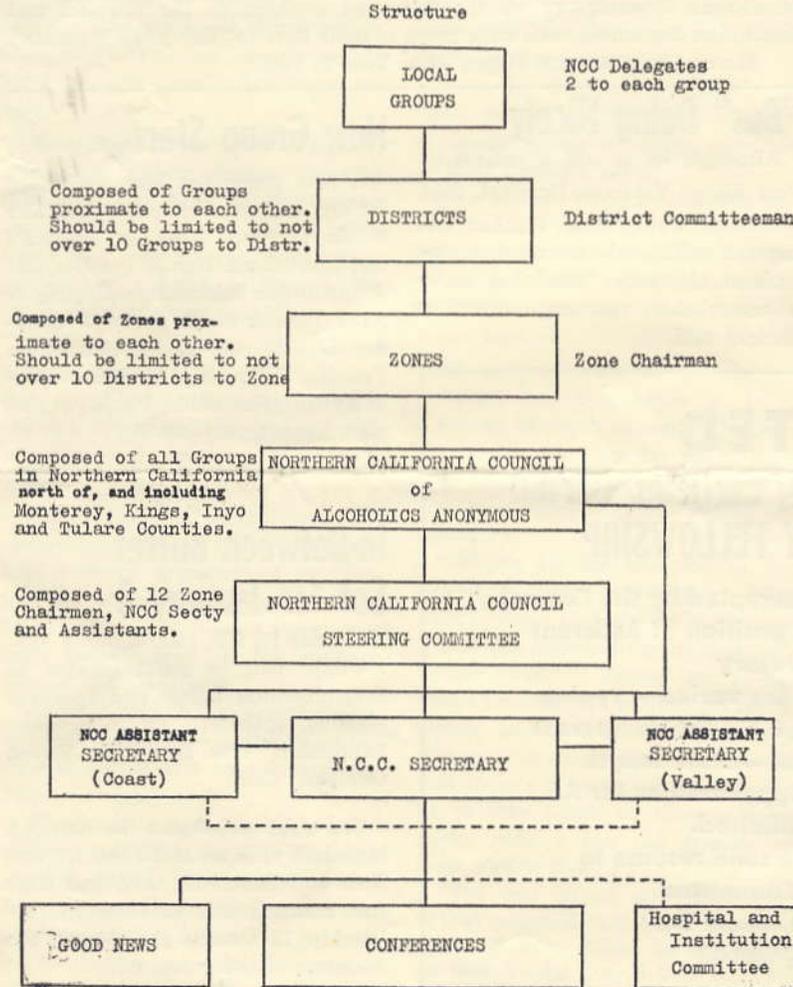
GENERAL SERVICE

The Council, through the Secretary (Coastal) and Panel 2 (Interior) of the Council, and the Delegates thereof, are responsible for General Service at each of the Conferences. Standard Registration forms, signs and other materials. Service Committees may make a contribution to the Conference Expense incurred by the Council. The Delegates, and Office Staff shall be invited to each Steering Committee. We can be eternally grateful that they have realized the importance of the individual to develop this relationship.

These group delegates found that their experience, could share their experience in this manner were able to solve their own problems in the course of the life of the fellowship called Alcoholics Anonymous.

We have found no mechanical way in which one member or group of members can project their experience into another member or group of members. Time spent in any objective endeavor

NORTHERN CALIFORNIA COUNCIL of ALCOHOLICS ANONYMOUS



and Purposes of N.C.C.

s are designed for the individual: to the effort to stay sober and live a

UTION COMMITTEE

ndous task of bringing the message l Penal Institutions. It operates as a lled, but as a part of the Northern

s pamphlet there are over 1800 A.A. is committee and more are needed. ed daily or weekly and the workers arrying the message.

H & I Committee is rated as the of the work that should be done. If ill be very proud of the results of the

NEWS

published in A.A. This publication s of Groups in Northern California. s, particularly special affairs. It re- alifornia Council, Hospital & Institu- Al-Anon and Alateen. You will be EWS. There is a subscription price ng and mailing.

MMITTEE

ittee is to maintain a Tape Library, , and to record the interesting talks ings. These tapes are available, at a als who desire them. If at any time ommittee for the rental or sale of shall be turned over to the Council t.

SERVICE

ary, shall work closely with Panel 1 he General Service Conference Com- anging for programming of meetings onferences and shall provide the d any other necessary items. General nation to the Council to help defray y the Council on behalf of General of Panel 1 & 2 of General Service nittee Meeting.

e were a few wise members who real- of intergroup relations and took steps

t each Group, through a Group con- faith and hope with each other, and e common problems which presented id growth of a Group in the Alcoholic us.

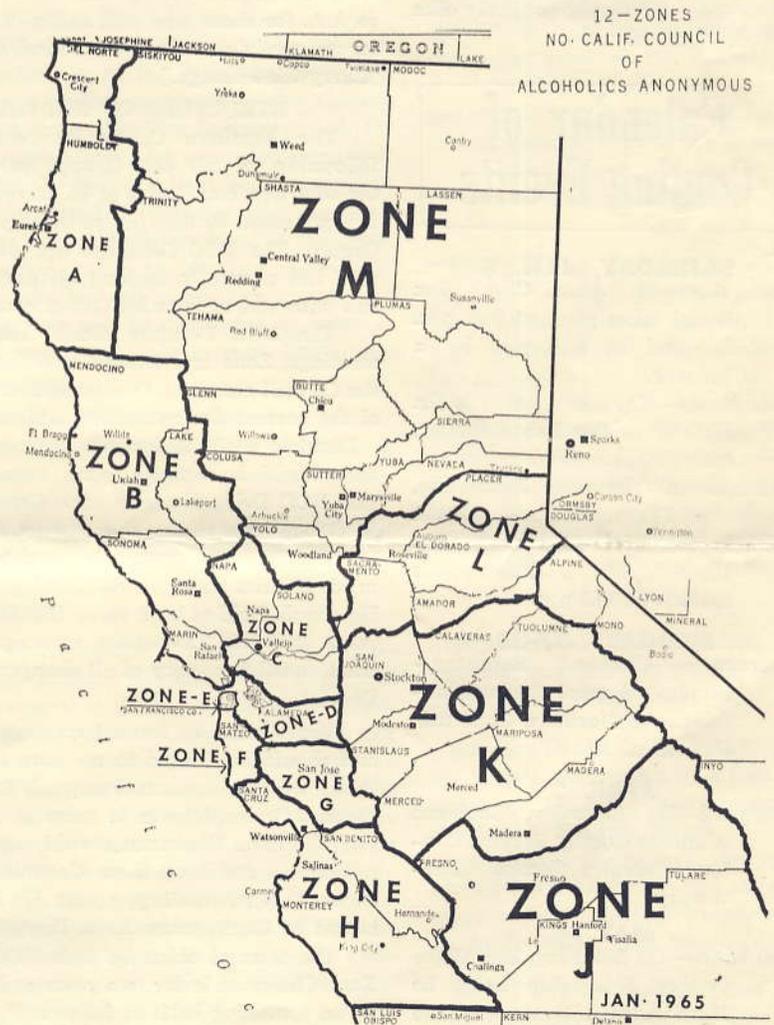
ervice through which an A.A. member is individual or collective experience members. Experience is the result of r. We can share the results, but we

are limited to words to describe to our listener. If he listens with an open mind and believes us when we tell him that the stove is hot, he may avoid the burned hands that left scars, the price we paid for our experience.

With slight retrospection we can clearly see that the Northern California Group Conference of Alcoholics Anonymous, is but an enlarged picture of the problems which confront the individual alcoholic in his relation to his own Group. Through the exchange of ideas our individual understanding is mutually increased. The success of the individual is measured by the love or dissention he brings to his Group. The Group is but an enlarged picture of the individuals who compose it. The Northern California Council is a further enlargement of the same picture of the Group who participates in this Council.

Individually and collectively — — —

“THERE IS A DESTINY THAT MAKES MEN BROTHERS,
NONE GOES HIS WAY ALONE;
ALL THAT WE SEND INTO THE LIVES OF OTHERS,
COMES BACK AGAIN INTO OUR OWN.”



(Turn to next page)



Published Monthly in San Francisco
By the Northern California Council
of Alcoholics Anonymous
Address all letters to GOOD NEWS
166 Geary Street, Room 84
San Francisco, California 94108
Subscription Price — \$1.20 per year
Outside U.S. \$1.50 per year



Vol. IX January, 1966 No. 5

Fred C. Recovering

Fred C., one of the oldest members of AA in the Bay Region and a "founding father" of the original S.F. Fellowship, is recuperating from prolonged illness at Ross General Hospital, Marin County. Fred is in room 505, and would probably like to receive cards.

Calendar of Coming Events

SATURDAY, JAN. 8

Santa Rosa—The Alano Club's Box Social takes place at 6:00 p.m. followed at 8:15 p.m. by a speaker.

Sacramento—Keynote speaker is Dr. Hal S., at the Labor Center, 2525 Stockton Blvd.

Oakland—In - Between Fellowship, 4710 East 14th Street. Buffet at 7:00 p.m. Charles R., S.F. Inter-County Fellowship, is speaker at 8:00 p.m.

FEBRUARY 27-28

Sacramento—Weekend Saturday - Sunday, Annual Spring Conference of Northern California Council of AA.

APRIL 2

Hayward—On Saturday, Southern Alameda County Service Center celebrates Second Anniversary.

MAY 14

San Mateo—On Saturday, San Mateo County Fellowship holds its Third Annual Banquet at the Elks Club, San Mateo.

FUNCTIONS OF THE NORTHERN CALIFORNIA COUNCIL OF ALCOHOLICS ANONYMOUS CONFERENCES

Conferences are held for one purpose.

TO CARRY THE MESSAGE

It is an established fact that those who attend and take an active part in our conferences have a more positive attitude in their solution of the problem of Alcoholism and are aided in acquiring the knowledge needed to arrest this devastating disease.

Some people have a special knack of giving us a message in a way we can understand. Therefore the Speakers, Chairmen and Moderators at the Conferences are carefully selected to meet this requirement. Through conferences we are able to hear speakers that we would never hear otherwise; thus we get a new perspective of our problems.

Conferences help us attain the "Freedom from Anxiety" which we did not have during our drinking careers. We learn how to gain a release from tension by learning to overcome the causes of tension. You can get the same results that we have if you will attend and seek understanding.

At Conferences we make new friends and get new ideas. As we apply the good ideas to ourselves as individuals, they infiltrate their way into our Groups and a better Group harmony develops. Finally Inter-Group unity becomes a reality. And the result of all this:—a greater attraction to A.A. for those who still suffer. This may sound like a long way around for we surely come back to the individual. Because we are enabled to better "Carry the Message."

STRUCTURE OF NORTHERN CALIFORNIA COUNCIL

The Northern California Council of Alcoholics Anonymous is a fellowship of all the Groups in California north of a line through the southern boundaries of Monterey, Kings, and Tulare and Inyo counties. It is governed by the Groups through their Group NCC Delegates (2 to each Group). The NCC Delegates are elected by the Groups. Each NCC Delegate has a vote in making all decisions of the Council and should consult with and express his Group conscience.

The NCC Delegate should attend the Conferences, NCC Delegates' meetings, Zone and District meetings and keep the Group informed as to the Council activities. One important duty is to advise the Council Secretary of the correct Group mailing address and his own as changes are made.

Districts shall be formed composed of Groups proximate to each other and should be limited to no more than ten (10) Groups to a District. The NCC Delegates from each Group in a District shall elect one of their NCC Delegates to serve as District Committeeman.

The District Committeeman should do his utmost to have each Group in his District maintain NCC Delegates and keep the NCC Delegates active. He should hold at least three District meetings a year. He should attend all Area and NCC Delegates meetings and Conferences. He should advise the Council Secretary of all changes, additions and closing of Groups in his District.

Zones shall be formed composed of Districts proximate to each other and should be limited to no more than ten (10) Districts to an Area. The District Committeemen from each District in an area shall elect one of the District Committeemen to serve as Zone Chairman.

The Zone Chairman should work with and through the District Committeemen and keep these Committeemen active. He should hold at least three (3) Area meetings a year. He is the spark plug of his Area. He should attend the Conferences, Area, District and NCC Delegate meetings.

The term of office for each NCC Delegate, District Committeeman and Zone Chairman is for two years and the election of the forementioned shall be on a rotating basis as follows:

Committeemen and NCC Delegates belonging to Groups in odd

numbered Districts shall be elected in odd numbered years. Those belonging to Groups in even numbered Districts shall be elected in even numbered year.

Zone Chairmen serving in Zones A, C, E, G, J and L shall be elected in odd numbered years. Those serving in Zones B, D, F, H, K and M shall be elected in an even numbered year.

The above will insure us that part of the voting Council and Steering Committee will be experienced in Council activities at all times.

The above elections shall be held prior to or at the Annual Conference in March.

The Officers of the Council are the Secretary, Assistant Secretary-Coast and Assistant Secretary-Valley. The Secretary and the two Assistant Secretaries are elected for a two-year term. They are elected by the NCC Delegates, in session at the business meeting held during the Annual Conference in March. Election may be Voice Vote or Secret Ballot. The Secretary and Assistant Secretary-Coast are elected in the even numbered years and the Assistant Secretary-Valley is elected in the odd numbered years.

The Northern California Council shall have a Steering Committee which will consist of the Secretary, the two (2) Assistant Secretaries and the Zone Chairmen.

The Secretary, and/or his Assistant Secretaries (as delegated by the Secretary), will be responsible for all activities of the Northern California Council. The Secretary shall furnish a financial statement to the Groups, twice each year, on December 31st and June 30th. The Secretary with the aid of the Steering Committee has the responsibility for arranging programs, speakers and publicity for each of the Conferences held each year. The Secretary shall call, in addition to the regular business meetings each year. Steering Committee meetings prior to each conference and at any other time such Steering Committee meeting may be deemed necessary. These Steering Committee meetings should be well in advance of the next scheduled Conference so that programming can be completed as early as possible. The Secretary shall meet at least once prior to each Conference with the Host Committee of that Conference.

The Secretary shall be responsible for all Council funds.

The Secretary may delegate any, or all, of the above responsibilities to one or both of the Assistant Secretaries, or in cases of necessity to any responsible A.A. member.

The Secretary, however, shall assume full responsibility for any functions so delegated.

FINANCES

The Northern California Council of Alcoholics Anonymous is a Non-Profit Organization (Fellowship) whose primary purpose is to "Carry the Message." It must be understood however that there are certain expenses which have to be paid, rentals, mailing, speaker's expenses, music for dancing, refreshments printing expenses, etc. Funds to meet these expenses are supplied by Registration Donations for the Conference and by "passing the hat" at meetings. The Secretary shall be responsible for all monies of the Council. There shall be a Commercial Checking Account maintained as well as a Savings Account if feasible. The books of the Council shall be available to any A.A. members or Group for inspection at any time. The Council shall maintain a prudent reserve (not to exceed \$2,500.00) for the purpose of financing Conferences in sparsely populated areas, or for Conferences where expenses may exceed income. Any monies in excess of the reserve shall be sent to General Service Headquarters in New

(Concluded on back page)

Death Takes Frank Devlin

Sunset Group is mourning the death of Frank Devlin, 78, who died Thursday, December 16, at his San Francisco home.

Frank joined AA at age 60, "quite by accident". He had often related the circumstance that brought him into AA as a "providential miracle". Said he: "I wandered into the old South of Market (Skid Row) Group to get out of the cold and get a free cup of coffee and doughnut. I had no intention, whatsoever, of joining the organization".

He went on to relate that a tough old AA veteran was speaking, who hammered away on the theme: "To stop drinking—all one has to do is not take the first drink—and follow this procedure one day at a time".

This simple logic clicked with Frank.

For the first few days it wasn't easy, he recalled, but "toughed it out". At the time of his death he had 18 years of happy sobriety behind him.

Three years ago, when he celebrated his 15th AA Birthday, Sunset members presented him with an AA lapel pin, set with two small diamonds—a gift which he cherished—and which he requested should be in his lapel when buried.

This wish was complied with and was the only piece of jewelry worn by the deceased man.

Sunday, December 19, at 8:00 p.m. the Rosary was recited by a Catholic priest at Daphne's San Francisco Service, 1 Church Street. At the conclusion of the Rosary, the priest recited the Serenity Prayer, the only other request asked by Frank when he knew death was imminent.

Burial services took place at 2:00 p.m. Monday, December 20, at Cypress Lawn Cemetery.

York as a donation to help defray the expenses of General Service Headquarters.

The success of the Northern California Council of Alcoholics Anonymous in fulfilling its primary purpose of "Carrying the Message" will be in direct proportion to the enthusiasm and devotion of every A.A. member, NCC Delegate, District Committeeman and Zone Chairman in Northern California. The Council belongs to all of us and we should support the Council in all of its activities. In this manner we can again express our gratitude for that which we have received from the Fellowship of Alcoholics Anonymous.

Northern California Council
of Alcoholics Anonymous
Room 84
166 Geary Street
San Francisco, California 94108

PURPOSE OF NCC

ORIGINAL RESOLUTION RESULTING IN THE NORTHERN CALIFORNIA COUNCIL OF A.A.

"RESOLUTION OF PURPOSE OF NORTHERN CALIFORNIA-NEVADA COUNCIL OF A.A."

Whereas, it is believed that the interest of the work of Alcoholics Anonymous in Northern California and Nevada can be furthered by the creation of a Council which will act as a medium of exchange between member groups for the dissemination of ideas and experiences of mutual interest and to provide whatever services those member groups may deem advisable.

Whereas, membership in the Council will be open to all A.A. groups in Northern California and Nevada who indicate in writing their desire to participate, and that representation in the Council will consist of two representatives from each member group.

Whereas, in conformity with the Principles of A.A. it shall be incumbent upon the Council to provide maximum usefulness with a minimum of organization, and that at no time will the Council take any action that will be mandatory, conflicting or in any way restrictive of the complete freedom of the participating member groups as indicated in points 2 and 4 of the **TWELVE POINTS OF TRADITION OF ALCOHOLICS ANONYMOUS** which states:

- (2). "For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience."
- (4). "With respect to its own affairs, each A.A. Group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighborhood Groups also, those groups ought to be consulted. And no group, regional committee or individual should ever take action that might greatly affect A.A. as a whole without conferring with the Trustees of The Alcoholic Foundation. On such issues our common welfare is paramount."

NOW, THEREFORE, BE IT, AND IT IS HEREBY RESOLVED that a Northern California-Nevada Council of Alcoholics Anonymous is hereby created under the terms and conditions heretofore set forth."

New ARC House In Eastbay to Open January

Known as the "ARC House", a new rehabilitation facility for the Eastbay will open at 2033 Central Avenue, Alameda, soon after January 1, it was announced by Walt S., president.

The structure has been operating as a boarding house for some 15 years and present plans call for phasing out non-alcoholic boarders as, and when, alcoholic guests are accepted.

EXPANSION POSSIBLE

Present capacity is about 34 men but it is possible to build additional accommodations in the rear of the premises to take care of some 20-30 more male guests.

If limited finances permit, the present plan is to help men released from Santa Rita and those taking treatment at the Fifth and Broadway Center in Oakland.

It is hoped that most of the guests will be able to pay the nominal weekly charge for board and room.

BOARD MEMBERS

In addition to Walt S., the board of directors (alcoholic) are: C.E.W., who serves as treasurer; Dr. Leo H.B., Charles J., Ed C., and Fran C.

Non-alcoholic board members are Dr. Alvin C. McQuiston, Dr. Canon L.D. Gotschall, Dr. James Baird, Dr. Clarence Reidenbach, Judge F.M. Van Sicken, Judge William H. Brailsford, Judge Martin N. Pulich, Judge Stafford P. Buckley, Judge Ruppert Crittenden, Judge Wm. W. Hoffman, and Kent Pursel, Alameda County Board of Supervisors.

Tom O., former secretary of the Eastbay Intergroup Fellowship, will manage the facility which will be available to any suffering alcoholic from Alameda and Contra Costa Counties.