



# Good News



Vol. XIII  
No. 5

Published Monthly in San Francisco, California  
By the Northern California Council of Alcoholics Anonymous

JANUARY  
1965

## Good Speakers at "Showcase" Meeting Here

Nine excellent AA speakers and one fine "civilian" will be heard at the Central All-Groups Meetings in January at the Building Service Center, 240 Golden Gate Avenue, in Downtown San Francisco.

Sometimes referred to as the "Showcase of AA" in San Francisco, the meetings are held every Friday of the year. The doors open at 7:30 p.m. and meetings commence at 8:30 p.m. The fine line-up for January is, as follows, according to Program Chairman Roger O'D:

**Friday, Jan. 1**—Charles R. and Betty E., Downtown Monday Group. Benny D. is chairman.

**Friday, Jan. 8**—James G., High Noon Group, S. F. Inter-County Fellowship; and Walt P., San Carlos Group. Stan W. Fairfax, is chairman.

**Friday, Jan. 15**—Frank F., Salinas Group; A. C. "Ace" Hollister, M.D., director, Calif. Division of Alcoholic Rehabilitation. Roger O'D., chairman.

**Friday, Jan. 22**—Si P., Telegraph Hill Group; and Harry G., Berkley Group. Chairman is Anne M.

**Friday, Jan. 29**—Two members of Gratitude Group, Marin County Fellowship will do the speaking honors. They are Cecil K. and Curtis R., John F., San Carlos Group will be chairman.

Central All-Groups Meetings, sponsored by S. F. Inter-County Fellowship, are held in a fine assembly hall equipped with excellent acoustics; fine P.A. system; padded seats; air conditioning, and elevator service. Parking is available at reasonable cost around corner on Leavenworth Street.

## Fourth Birthday

The Friday Beginners' Group of Sacramento recently celebrated its Fourth Anniversary marked by a Gratitude and Tradition Meeting.

## Guidance Center Offers Aid For S. F. Alcoholics That Want Help

Dr. Fred. D. Oremland, M.D., director, Adult Guidance Center, now located at 2107 Van Ness Avenue, San Francisco, announced that the Center is in a position to treat and help a great number of individuals suffering from the symptoms of alcoholism.

Said Dr. Oremland in a letter addressed to the editor of GOOD NEWS:

"I believe we are in a superb position to offer professional care to those people who are willing to undergo psychotherapy, medication, and a combination, thereof".

The Adult Guidance Center is located in the Pacific-Van Ness Building, 2107 Van Ness Avenue, on the second floor. It maintains a large professional staff consisting of 13 psychiatrists, four internists, four nurses, seven psychiatric social workers, and one psychologist.

To be eligible for treatment and care, a patient must live in San Francisco and plan to stay long enough to be able to follow through with treatment.

Dr. Oremland said the Adult Guidance Center has a program with many of the halfway houses that offers them professional care for people that are living within these relatively sheltered environments.

Said he: "I think it should be made clear that this is a rehabilitation clinic and not a detoxification center." (Note: "Detoxification" is short-term, emergency or "crash" treatment for those suffering from acute withdrawal symptoms and used primarily to get the sufferer back on the job say, within 48 hours.) Rehabilitation is regarded as a more permanent form of treatment and often requires up to six months or more, to effect the desired results.

Information pertaining to the Adult Guidance Center program for persons suffering from the symptoms of alcoholism is important in view of the possible closing of the Detoxification Clinic at San Francisco's Presbyterian Hospital which is presently jeopardized for lack of funds.

See Page 6, this issue, for detailed information concerning Adult Guidance Center's program for the treatment of alcoholism.

## Daly City Group 2nd Anniversary

Chuck C., Laguna Beach Group, will be guest speaker at the Second Anniversary celebration sponsored by the Daly City Group, Wednesday, January 13, in the auditorium of Our Lady of Perpetual Help Church, 80 Wellington Avenue, Daly City, Calif.

Jack I., central secretary, S. F. Inter-County Fellowship, will be chairman of the party and the invocation will be delivered by Reverend Sullivan.

The meeting starts at 8:15 p.m. and an elaborate buffet will be served after the meeting. Come early—coffee will be served from 7:30 p.m. until the meeting starts.

## Publisher of GOOD NEWS Dies at 61

Members of Sunset Group were stunned by the unexpected death of Jimmy McD., publisher of GOOD NEWS, who died Sunday, Jan. 3, at his home 1627 16th Avenue, apparently of a heart attack.

Co-founder of Sunset Group, Jim had been a staunch AA member for 20 years. He was featured speaker at the Central All-Groups meeting, 240 Golden Gate Avenue, last December 18.

He is survived by his wife Evelyn, and an aunt, Ethel Webster. Funeral takes place Wednesday, 1:00 p.m. from Hogan & Sullivan Funeral Home, 1266 Ninth Avenue, San Francisco. Interment will be at Cypress Lawn Cemetery.



## Havenscourt Announces New Open Speaker-Meeting Policy

Havenscourt Group of East Oakland, Calif., announced that January will mark its 21st anniversary. Group secretary Dean K., also said a new policy for Open Speaker Meetings has been established.

Effective January 19, Havenscourt will feature specially selected speakers every other month. Heretofore, he said, Speaker-Meetings have been held on the third Tuesday of each month.

Henceforth, Dean said, third Tuesday Open Meetings will be devoted to bi-monthly speakers, alternating with bi-monthly Open Discussion Meetings.

**Kicking-off this new policy on Tuesday, January 19, Paul G., Marin County Fellowship, will be principal speaker. Paul will be remembered for his great talk last year at the Sailboat House on Lake Merritt.**

Havenscourt, originally formed in April, 1944, is a "splinter" group of the old Oakland Group which met at the YMCA. In 1944, meetings were held in the Old Armory, Havenscourt Blvd., East Oakland.

It moved in December, 1956 to its present location, Mills Terrace Christian Church, Fleming at 55th Avenue, East Oakland.

Meetings are held each Tuesday at 8:15 p.m.

## PANEL 1 TO MEET IN SAN JOSE

A meeting of the entire panel of Coastal Panel One, Northern California general Service Committee, has been called by outgoing Chairman-Delgate Bill G. The assembly takes place Sunday, January 24, at the Alano Club, 1122 Fair Avenue, San Jose.

Schedule for the day will be as follows;

- 11:00 till 1:00 Registration of GSR's.
- 12:00 till 1:00 Buffet
- 1:00 till 3:30 Business Meeting.
- 1:00 till 1:25 Report by Bill G. on last two years activities—Introduction of newly elected Ch-Delegate, Ed H., Pittsburg, Calif.
- 1:25 till 1:35 Treasurers report by Jim A., outgoing Treasurer.
- 1:35 till 2:00 Roll-call by Avice A., outgoing Secretary.
- 2:00 till 2:15 Coffeebreak.
- 2:15 till 2:45 Brief summary of plans for the coming two years by your newly elected Ch-Delegate, Secretary and Treasurer.
- 2:45 till 3:00 Preview of program scheduled for San Jose, March 6 and 7, 1965.
- 3:00 till 3:30 Ask-it-basket—Questions pertaining to General Service to be submitted prior to the meeting and during the coffee-break.

It is very important that each group have a GSR register at this meeting. Some groups will have elected a new GSR for the coming two years and of course, others may choose to retain their present GSR. In any event, we urge that each group be represented.

## Alano Women's Group

Women who have an alcoholic problem—or believe they have—can get together with other women for free discussion at the Alani Women's Group. It meets 6:00-7:00 p.m. every Thursday at the S. F. Alano Club, 414 Grant Avenue, in downtown San Francisco.

It is set up for women to stop by after work and also for those that wish to go shopping after the meeting. Jerry De V., chairman, said, "it's just for us gals".

## The Gold Diggers

Sally H. is the new secretary of the Gold Digger's Group of Nevada City, Calif. And, if anyone gets any bright ideas, the group was named for the countless miners that panned and dug for pay dirt during the Gold Rush, see!

Nature does its best to teach us. The more we overeat the harder she makes it for us to get close to the table.

## S. F. Alano Club Sets Two Parties

The San Francisco Alano Club will take a post-Christmas "breather" scheduling only a pair of events in January instead of their usual four—or more Program Chairman "Bus" D., lists the following:

**Saturday, Jan. 16—First Dance of the New Year.** The "Jumpin Jacks" AA's noted dance combo will provide the music for those that like to "trip the light fantastic". There'll be prizes, and doorprizes, plus a lot of lively fun.

**Saturday, Jan. 30—January AA Birthday Party and Dance.** This is the monthly that is becoming more popular as time goes on. It celebrates all AA members whose birthdays fall in January. Further, all January AA's are cordially welcomed to attend.

The Alano Club of San Francisco, located at 414 Grant Avenue, in the heart of the Downtown—shopping, theatres, restaurants—is also noted as a gathering place for AA members from all parts of the world that pass through the Port of San Francisco.

## Greetings Sent By Former Stockton AA

Arthur J. H., formerly a resident of Stockton, mailed "Season's Greetings to all my AA friends".

Arthur, now living in Sheboygan, Wis., recently celebrated his eighth AA birthday. GOOD NEWS joins Stocktonite friends in saying, "Congratulations and returning Xmas and New Year's greetings from California."





## PENINSULA GROUPS STARTS NEW YEAR

An ambitious program for the month of January indicates Peninsula All Groups is getting off to a good start for the New Year. Taking advantage of the extra week in Jan., they've enlisted five outstanding speakers, as follows:

**Saturday, Jan. 2**—Alice P., Redwood City Group, is the speaker. Host group is the San Carlos Beginners.

**Saturday, Jan. 9**—Speaker is Sam P., S. F. Inter-County Fellowship; San Bruno Tuesday Group will host.

**Saturday, Jan. 16**—Dewey S., Peninsula All Groups, will speak; the Menlo Woman's Group will do the hosting.

**Saturday, Jan. 23**—Stan W., Fairfax, secretary Northern California Conference of AA, will speak; San Carlos Wednesday Group will serve as hosts.

**Saturday, Jan. 30**—Speaker is Meek M., Redwood City Thursday Group; hosting will be done by Pacifica Friday Group.

Peninsula All Groups meets every Saturday at 8:30 p.m. in St. Matthews Episcopal Church Auditorium, El Camino Real and Baldwin Ave., San Mateo.

## "Dry Out" House for Women Opens in Sacramento

A new sobering up house for women recently went into full time operation at 6121 Pomegranate Ave., Sacramento, Calif. To pin-point the address, it is south of Florin Road, west of Stockton Blvd.

In addition to facilities for women, there is also a separate area for men, Grace Anderson, manager, said.

It is a strict policy of the new "dry out" house to accept referrals only from Alcoholics Anonymous.

Any member taking a sick alcoholic to the house will be held responsible for, and assume sponsorship of the sick alcoholic that's accepted. Sponsorship also includes visitation during the sick person's residency in order that the tenets and practices of AA may be instilled in the patient before she (or he) leaves the house.

Please make reservations by phone beforehand. The house may be filled. Call 428-8332.

## Ed. H., Pittsburg, Wins High Post on Coastal Panel 1, GSC

By Bill G., Outgoing Chairman Delegate, Coast Panel 1, No. Calif. General Service Committee

Largely for the purpose of electing a new Chairman Delegate, Secretary, and Treasurer, Northern California General Service Committee, Coastal Panel one convened November 28, at Veteran's Memorial Auditorium, Oakland. Registration started at 11:00 a.m. and closed at 1:00 p.m. Election for the three offices—for the 1965-66 period—commenced almost immediately.

Ed H. of Pittsburg Calif. was elected the new Chairman Delegate. Ed has been a member of our fellowship for some 17 years and has made himself available to service in many activities regarding General Service, the Northern California Council, and of course, having started with group participation. All records having to do with the Committee have been turned over to Ed by myself as outgoing Chairman Delegate. Ed is a very fine and dedicated member, and under his guidance the committee will continue to progress.

### EXPERIENCED

Jim A. of San Francisco was selected as the new Secretary, replacing Avice A. of San Francisco, who has done an outstanding job this past year. Jim has been a member of AA about 13 years, with much of that time being spent in General Service. He has served the past two years as Treasurer of Coastal Panel No. 1, doing a fine job. He has also assisted in the forming of new areas and districts. Jim will be a great aid to Ed because of his vast committee experience.

Bill A., of San Jose was elected as the new Treasurer. Bill also has been very active these past two years, serving as an Area Chairman in General Service for the San Jose groups.

### HOST GROUP

A buffet was served from 11:00 a.m. till 1:00 p.m. The East Bay groups serving as host committee, under the chairmanship of Mildred H. of Livermore and Warren T. of Vallejo, did a remarkable job and deserve a real vote of thanks.

The evening Open Public Meeting drew an attendance of approximately 650, with Chuck C. of Laguna Beach as the principal speaker. Chuck gave a brief account of his experience in General Service and climaxed his talk with some history of his drinking pattern and, of course, recovery in AA. He received a standing ovation.

Following the meeting, a dance to the music of Howard's Rythm Five of Oakland was enjoyed by those who wished to stay. A drawing for Door Prizes was the highlight of this portion of the evening. A good time was had by all.

### MEETING SET

Yours truly, as the outgoing Chairman Delegate, has arranged a meeting of the entire panel to be held in San Jose on Sunday, January 24th, the Alano Club, 1122 Fair Avenue. Coverage of this affair should be found elsewhere in this issue of Good News. This meeting will be held for the purpose of receiving an up-to-date listing of all GSR's District Committee Members and Area Chairman, who will be serving with your new Delegate for the coming two years. Programs will be mailed to each GSR.

Ed and his committee will look to the fellowship for continued support.

## Tracy Date Change

Meetings have been changed from Monday to Tuesday by the Tracy Group, Harold S., secretary announced. The group meets at the same time (8:30 p.m.) and in the same meeting place, St. Marks Episcopal Church, Wall and West Emerson, Tracy, Calif.

If you can't make light of your troubles, keep them in the dark.

## SECRETARIES IT'S TIME TO EMPTY THE PINK CAN

MAIL CONTRIBUTIONS TO:  
Hospital & Institution Committee  
P. O. Box 4032  
San Francisco, California 94101

## THANK YOU



# A Report On Stewardship

To our Fellowship:

This is directed first of all to the G.S.R.s, District Committee Members, and Area Chairman in Panel No. 1 who selected me to serve the years 1963-64 as Delegate to the General Service Conference which has now come to pass.

I would like to express my thanks to each of you for your faith and confidence in me and for the fine support extended to me throughout the past two years. I would also like to extend my thanks to the Fellowship of A.A. as a whole because this is what is meant by your General Service Conference, in that, twelfth step work is spread on a world-wide basis. So you see, each of us has, in his own way, a part in General Service in whatever we may do as a service to A.A.

## DISTRICT INCREASE

During the past two years, we have been fortunate in that members made themselves available to service as a result our districts have been increased from 18 to 52. This was suggested and brought about a new groups were formed and as the fellowship has grown. Our communication line is very important and we feel that some progress is being made. Then, of course, the 52 districts have been divided into 8 areas, giving us 8 area chairmen who have worked very close with the District Committee Members, G.S. R.s and your Chairman-Delegate.

Now that your new committee has been selected for the years 1965-66, I would like to urgently request that you continue your support of this fine group in order that we might better prepare ourselves daily to carry the message to the alcoholic who still suffers.

## LOCAL SERVICES

Let us not, of course, neglect our local services, such as a central office (if one exists) or an intergroup committee, etc. These services are all important and our G.S.O. recognizes them for their great need and would expect that our first service would be here and, of course, if we take care of our local needs, we then find that our service spreads and we automatically become a part of twelfth step work on a world-wide basis.

As I close this article, I would like to once again express my deep appreciation to each of you as we continue our service together dedicated to our "one primary purpose."

Bill G., outgoing Chairman-Delegate,  
Coastal Panel one

# What Did You Do Today?

So you've been around for many years, helping to spread A.A.  
You've worked like hell since you first came in, but what did you do today?  
I heard your pitch, it was kind of long, you really told them how  
You worked the steps in 41, but how are you working them now?  
Do you still get up from your soft, warm bed when someone is in trouble?  
Do you grab your hat and your A.A. book and get there on the double?  
Or have you forgotten the early times when you were sort of new,  
Maybe you've been around so long that A.A. is old hat to you.  
Maybe you're one of the Senior Saints, sober and satisfied,  
And you've forgotten when you were sick and when you damn near died?  
Maybe I shouldn't bring it up, maybe you're too blase,  
But just for the hell of it Mister, what did you do today?  
Have you been around so cock-eyed long you leave it to Harry or Sam,  
'Cause you're not your brother's keeper and you don't give a damn?  
Maybe tonight the fights are on or you're going to the old ball game,  
So what the hell, if the guy is sick, he has only himself to blame.  
Well, Mister, you have a perfect right to work your own A.A.  
And you know you'll do it your way, no matter what I say.  
But, tonight, before you go to bed, just look in the glass and pray  
That you and the Lord know the answer to "WHAT DID YOU DO TODAY?"

ALCOHOLIC ALOYSIUS

Copyright 1958—E. A. Cushing

# T-H-I-N-K

By Bud C., former chairman, H & I  
Committee, NCC

Today was a very good day and we spent the bulk of it at the corner of Grand Avenue & Harrison Streets in Oakland. The occasion? A couple of hours trying to come up with some logical answers for the improvement of the general structure of the Northern California Council, a couple of hours attending the meeting of General Service, and for a very fine dessert we heard one of the finest talks from Chuck C. that it has been our privilege to hear. Chuck is always good, tonight he was better.

## What's N.C.C.?

A few questions at random about some of the discussions at the N.C.C. clam-bake. One man says to us, he says quote "I have been sober for eight years and have never attended a conference, and I don't know what this N.C.C. routine is all about" unquote. We believe that "Dr. Anthony" would suggest that the guy stay sober, and for peace of mind, get in the program. We find that there is more to it than one meeting a week at a local group.

## Opinions Differ

A gal that I like very much, and respect, sez, quote "Why can't the conferences be held in a small central area where people don't have to travel so far to attend", unquote. Assuming that this is a wonderful idea for my personal convenience, then tell us, does the guy from the little community, and from the alleged sticks, have to come to town to get sober and latch onto the program?

## Conference Purposes

We feel NOT. There is a definite purpose in spreading the conferences around. We are talking about ATTRACTION. In the three conferences a year, in smaller communities, we make an impact on the still practicing alcoholic, the local government, the chamber of commerce, civic leaders, churches, and many other interested groups. For my dough, let's keep it decentralized and give everybody a whack at it. Okay?

# Mill City Group

A new AA group has been in Mill City—that's up in Santiam Canyon, Oregon—the Oregon Area AA News Letter announced.



## San Pablo Friendly Fellowship's Meets

Meetings sponsored by San Pablo Friendly Fellowship are featured by a foursome of interesting speakers "with a message". The January schedule is as follows:

**Friday, Jan. 8**—Speaker is Ed H., Pittsburg Group.

**Friday, Jan. 15**—Stan W., Fairfax Group, and presently secretary of the Northern California Council of AA.

**Friday, Jan. 22**—Rose H., San Leandro Group, will be on the podium.

**Friday, Jan. 29**—Speaker will be Mildren H., Livermore Group, southern Alameda County.

## Alanon Members Televised During Alcoholism Week

During the recently observed National Alcoholism Week, three members of Alanon's District 11 (San Jose) appeared on TV, Virginia C., secretary, Northern California Council of Alanon, announced.

She said two women were on camera December 1, and a male member of Alanon appeared December 4. The Sunday newspaper carried the story December 6.

### STATE OF CALIFORNIA

## Department of Corrections

California State Prison at Folsom

Represa, California

Robert A. Heinze, Warden

November 17, 1964

Northern California Hospital & Institution Committee  
of The Northern California Council of AA  
Hospital & Institution Committee Librarian  
Leonard J. L.  
Sacramento, California 95816  
Dear Leonard,

John J. Ahern  
Acting Associate Warden  
Classification & Treatment  
Box W,  
Represa, California

As Editor of The Folsomite, I thank you and the H & I Committee for its generous supply of needed AA literature. Please express our gratitude to each and every member of AA, who through the "Little Pink Cans", made this possible.

We know how difficult it is to find \$40.55 these days. This was the value of the Literature in dollars and cents, but the value of what they contain, I believe, is priceless to a person who suffers from the disease of alcoholism. To be well informed about AA is our desire, to help ourselves and other alcoholics who still suffer is our primary purpose. Now, through your help, our Folsom Fellowship has the proper tools to work with for Recovery—Unity and Service.

The Spanish literature was quickly picked off our literature rack, displayed at our meetings. The booklet "Memo To An Inmate Who May Be An Alcoholic" is a great asset to our Beginners Chairman and the Fellowship as a whole. The "Big Books"? Well you know, there's nothing better. Time is now on our side. We know you all care. If you can work AA One Day at a Time, why shouldn't we?

Very helpful information! Edith B. Cross, Chairman of Al-Anon H & I also sent us some literature. Her address is 400 Brimmer Road, Merced, California. Many men here find this Al-Anon and Alateen literature quite helpful when we write to our families.

As you saw in your recent visit to our Wednesday Night Closed meeting, June C., General Service Staff, AA GSO, sent us the AA Fact File and the Publication Kit, and reminded us to continue to "LIVE ONE DAY AT A TIME".

Our happy and workable relationships between the Folsom Fellowship and the Prison Administration is due to a great part played by communications and personal effort put forth by the H & I Committee. This carries the message to each other and new members alike with such attraction that our 22nd year of operation gets better and better.

May you enjoy a pleasant Thanksgiving Day, enjoy your work, grow in satisfaction, and progress in all your affairs.

Sincerely,

John C. Folsomite—Editor

## "ReHab" House in Oakland Re-Opens

Pete A., secretary, A7A Group, Oakland, announced that the old "Rehab" house located at 1931 San Pablo Avenue, Oakland, has been re-opened under Pete's supervision.

Said he, "It is our earnest endeavor to help those who sincerely desire sobriety; a boost up the ladder towards self-respect and security".

Clean quarters and wholesome food plus fellowship and advice are on the menu, daily. Pete added:

"Many of our friends are striving to help us make it a success. With the help of God, the material things that are necessary to make the Rehab House function, will be somehow obtained."

If anyone knows of a person or persons that desires what the Rehab House has to offer, please tell them about this new establishment.

Visitors are welcome to drop in and look over the premises.

## In Between Groups Sets Special Meet

A buffet-speaker meeting will be held Saturday, January 9, by the In Between Fellowship at 8:00 p.m. at the group's meeting place, 4710 East 14th Street, Oakland, Calif.

Dr. Gil, San Francisco, will be the featured speaker, Dean K., secretary, announced. Dean said that this is a special meeting for the month of January only and is a departure from the regular speaker meeting normally held on the first Saturday of each month. For further details, phone 532-9472.

## Intergroup Meeting

The Portland (Ore.) Intergroup Meeting is scheduled for Thursday, January 28, at 8:30 p.m., at St. David's Episcopal Church, S. E. 28th and Harrison, Portland, the Oregon Area AA News Letter announced.

## Newcomers' Group

Establishment of a Newcomers' Group that meets three times weekly—Monday, Wednesday and Friday—was announced by the AA Triangle of Southern Alameda County.

The new unit meets at the Service Center, Hayward.



## A7A "Old Timers" Meeting, Jan. 29

One of the best meetings of the year and a traditional gathering of many years, A7A Group, Oakland, has set Friday, January 29, as its 1965 "Old Timers" Meeting.

Officially, the meeting starts at 8:30 p.m., but old timers usually gather before and after to the meeting. It affords them the opportunity to relate to other members what AA has done for them. It also sets an example for newcomers, emphasizing the strength and hope that can derive from "living it one day at a time".

A7A meeting place is 1815 Jefferson Street, Oakland. Everyone is welcome to attend.

## FRED H. EXPIRES

The recent, sudden death of Fred H., longtime member of Madera Group, shocked its members and the community in which he lived and served.

Just prior to his death in Madera County Hospital, Fred had completed 18 years of total sobriety. He was a hard-working member of the Hospital and Institution Committee and a devoted member of General Service Committee.

He is survived by his wife, who wrote GOOD NEWS of Fred's passing and included this message to AA's everywhere: "God bless and keep you all. And may each and everyone of you have a long life of complete sobriety".

### ADULT GUIDANCE CENTER (for the treatment of alcoholism) COMMUNITY MENTAL HEALTH SERVICES 2107 Van Ness Avenue, San Francisco KL 8-4801

#### INFORMATION:

The clinic treatment consists of:

1. Initial interview(s) with a social worker to determine extent of problem.
2. Medical treatment, if indicated, for the physical and psychological effects of excessive drinking.
3. Orientation meetings (6) to help the patient understand the physical, social and psychological aspects of problem drinking.
4. Individual and Group Therapy as indicated to provide the patient with the opportunity to discuss his problems with a qualified person to gain better understanding of himself and discover ways to get more satisfaction out of living.
5. Counseling with spouses or relatives as part of treatment when indicated.

#### ELIGIBILITY:

To be eligible for treatment a patient must:

1. Live in San Francisco and plan to stay long enough to be able to follow through with his treatment.
2. Come to the clinic voluntarily.
3. Recognize that he has a drinking problem.
4. Be interested in working on his drinking problem.
5. Be in condition to discuss his problem.

#### FEES:

Patients will be charged according to their ability to pay.

No patient will be refused treatment because of inability to pay.

There is no charge for information visits or orientation meetings.

The standard fee for an application interview is \$1.00, collected only from those able to pay.

#### CLINIC HOURS:

Monday and Thursday 8:00 A.M. - 9:00 P.M.

Tuesday 8:00 A.M. - 12:00 and 3:00 P.M. - 5:00 P.M.

Wednesday and Friday 8:00 A.M. - 5:00 P.M.

(Registration Desk shuts down a half hour before clinic closes.)

#### APPLICATION HOURS:

Monday through Friday 8:00 A.M. - 11:00 A.M.

#### ORIENTATION PROGRAM:

Mondays and Thursdays 6:30 to 7:30 P.M.

(for all new patients and other interested persons)

1st Meeting: "How the Clinic May Help You"—Psychiatric Social Worker

2nd Meeting: "Medicine and Alcohol"—Doctor

3rd Meeting: "Feeling, Thinking and Acting"—Psychiatrist.

4th Meeting: "Eating, Sleeping and Good Health"—Psychiatric Nurse.

5th Meeting: "One Way to Stay Sober"—AA Member.

6th Meeting: "Discussion, Questions and Answers"—Psychologist.

## Preston Boys Get Briefing on AA Program

Two meetings—one on Sunday, November 15, followed by another on Sunday December 6—may have an important bearing on the lives of some 100 boys that are inmates of Preston Industrial School for Boys at one, Calif.

At the first meeting, some 50 AA members were in attendance, coming from all parts of Northern and Southern California, to participate. They met and talked with about 100 boys between the ages of 15 and 19 years of age on the institution's grounds—which resembles a college campus—rather than a penal institution. And, they later talked at arms-length with the lads in Preston's auditorium.

#### Speaking Roster

Welcomed by the director of the institution were Kim M., regional chairman, Hospital and Institution Committee, and Walter Mc C., general chairman, H & I Committee of the Northern California Council of AA. Walter served as master-of-ceremonies, introducing various speakers.

Those who spoke were Bill S. and Leonard L., Sacramento; Myrtle V. and Patty K., Roseville, and Myrtle S. of Southern California, known as "Ma" to hundreds of ex-convicts.

Chuck S., Laguna Beach, launched into one of his hard-hitting talks for which he is nationally noted, talking to the boys in language they understood.

#### "Time will Tell"

Other effective speakers scheduled to talk were unable to deliver their individual "pitches" only because available time had run out. They are scheduled to speak at future Preston gatherings.

The initial meeting at Ione was a "trial run" to ascertain if the boys would favorably react to this kind of program. Officials of Preston, before and after the meetings were highly impressed and keenly enthusiastic about the possibilities of establishing a permanent AA group at Preston.

Regional Chairman Kim M., said, "We can only hope their faith is justified. It is too early to accurately determine what the boy's real reaction will be."



## Good News

Published Monthly in San Francisco  
By the Northern California Council  
of Alcoholics Anonymous  
Address all letters to GOOD NEWS  
166 Geary Street, Room 84  
San Francisco 8, California  
Subscription Price — \$1.20 per year  
Outside U.S. \$1.50 per year

Vol. XIII January No. 5

### Concord Fellowship Lists It's Speakers

Garth B., secretary, Concord Fellowship Group, said, "our last feed was the best yet—but about 70—the group is really going along fine". He also noted the Fellowship's speakers for January. They are:

**Friday, Jan. 1**—New Years Day, Regular Open Meeting. (Well Done! Ed.)

**Friday, Jan 8**—Al B., Alameda Fellowship.

**Friday, Jan. 15**—Florette P., Gratitude Group., Marin County Fellowship.

**Friday, Jan. 29**—Jack Guest, Contra Costa County Alcoholic Rehabilitation Center.

### Santa Rosa Alano Membership Drive

Clergymen and physicians throughout Sonoma County were notified by the Santa Rosa (Calif.) Wednesday Night "Alano-Alanon Group" that it was willing and able to offer help to families that had an alcoholic problem.

With a mailing piece directed to 101 churches and 221 doctors, the group launched a county-wide membership campaign which it hopes to attract new members and inform the general public of the expanded services it is able to offer.

Alanon Groups wishing a copy of the mailed material may write the Alano-Alanon Family Group, 70 South "E" Street, Santa Rosa, Calif.

### Friday Night Stag

A new group, the Friday Night Stag, has been established in Hayward, Calif. It meets every Friday at 7:30 p.m., in the Lutheran Church, 166 West Harder Road.

## H&I BROAD-SIDES

By Walter Mc C., chairman, Hospital and Institution Committee, NCC

The holidays are over and a new year is starting "a day at a time" but there are a lot of new faces starting the year off in the Hospitals and the Institutions. What a hangover, the remorse, the shame that only an alcoholic can understand. The sad part of the story of each gal and guy is that they often told themselves that this couldn't happen to them. But there they sit living only with regrets.

### HOPE RESTORED

This is where the Hospital and Institution Committee come to life when we attend one of these facilities "Carrying the Message" and if we can give just one person "HOPE" the 12th step call wasn't in vain. Here we are members of Alcoholics Anonymous active in Hospital & Institution work sitting in our comfortable homes reading this issue of Good News with a good feeling of gratefulness as we stop for a minute to reminisce for a fleeting second "What it used to be like".

### HOSPITAL VISIT

Sometimes we forget what it use to be like then we visit a hospital or an institution and we remember "But for the Grace of God this could be me". There is so much work for us to do and the area chairmen are always looking for new faces interested in this work.

### HELP WANTED

With new facilities continuously opening up we need all the new faces. For instance last month a new group was started due to the interest and effort of Ken L. of Ione at the Preston School of Industry. This institution is a school for young men up to 20 years of age with a population of some 900 young men. Bruce P. chairman for Area 4 is busy setting up a schedule for 1965 and needs contact chairmen.

### PRESTON FACILITY

Ken told me that there are probably some forty or fifty of these youngsters interested in this program. I am rather glad that they started this group because some members of AA told me that they couldn't be alcoholics at their age but after listening to some of their escapades I think they are eligible or at least sometime in the future if their alcoholism becomes a problem at least they will know about Alcoholics Anonymous.

### ELECTION RETURNS

Then Harold F. chairman for Area 6 and Roberta W. chairman for Hospitals met with the director of the veterans hospital at Palo Alto to start an AA group there, that we will be hearing more of in the near future. Kim M. regional chairman for the Valley has been real active traveling to Fresno to talk to the H & I Committee there opening up lines of communication in Area 9. Then onto Chico where they held an election of a new area chairman replacing Ed S. who has been most active in H & I work over the years. Oscar V. was elected chairman of Area 3 with Jim C. of Chico coordinator for the Plum Creek Forestry Camp. All these trips take time and money and we brush it off by simply saying "this is the way I stay sober".

### SAN JOSE MEETING

The planning Committee held its meeting in Sacramento last month setting up the agenda for the regular General Hospital and Institution meeting to be held January 17 at San Jose at 10:00 A.M. for the Area Chairman and the contact chairmen meeting starts at 1:00 P.M. We sincerely hope that all members of the Hospital and Institution Committee will be able to attend as the 1965 schedules will be issued by the area chairmen for the coming year, and other important matters will be discussed.

### FLIPPEN MEMORIAL

The planning committee approved the issuing of a check for \$20.00 for donuts for the Robert Flippen Memorial group at San Quintins 22nd anniversary to be held January 23 at San Quintin. Ernie B. the coordinator at El Rancho San Quintin will keep you abreast of the program and the invitational list, etc.

Will see you at San Jose, January 17, where Preston school will act as host for Area 7 at the General Meeting of the N.C.C. Hospital and Institution Committee.



## Reservations Will Determine if Toronto Flight is Now Feasible

Depending on how soon the Chartered Plane Committee can actually count on sufficient firm reservation commitments, will largely determine whether or not the proposed flight to Toronto will get airborne—or grounded.

The Chartered Plane Committee who have been working towards chartering a plane flight that proposes to fly a 100 or more Northern California AA members to the International Convention of Alcoholics Anonymous in the Canadian city, July 2, 3, and 4, 1965, claims that "the Toronto trip is shaping up slowly—very slowly".

### Alternate Plan

Trans International Airlines who has agreed to furnish a plane or planes, agreed to accept a \$1500.00 deposit with various possible alternatives. Trans International said if enough reservations are obtained to warrant a DC-8 Jet, it will furnish this type of plane, provided a jet is available at the deadline date set for sufficient guaranteed reservations.

### Change Possible

It is also possible, the committee said, the return trip will be made on July 5, rather than Fourth of July, as originally planned. This, too, depends on how rapidly the committee can be assured of reservations.

Other alternatives include flying to Toronto by Constellation rather than Jet. Constellations carry about 100 passengers. The trip might go by Jet and return by Constellation if it is decided that the return must be made on the Fourth of July.

### Key Requirement

Speed in nailing down reservations now seems to be the key to the entire flight proposal, the committee emphasized. Plane is by far the least expensive mode of travel to Toronto, they said. If prop planes are used there will be a small reduction in rates.

If necessity demands it, the whole flight plan can be cancelled by, or before, April 1, and a full refund of all funds paid to Trans International Airlines, will be made. Refunded money will be then distributed in full to reservation purchasers.

Roundtrip cost is \$171.50 per person. A deposit of \$30.00 must accompany each reservation. Balance of \$141.50 must be paid by May 1.

### Take-off Date

Trip leaves, and returns to Oakland Airport. It leaves Oakland July 1. Cost includes one meal each way,

bus transportation to and from Toronto Airport, and participation in Northern California Hospitality Room. Hotel reservations are not included. Reservation and \$30.00 deposit must be made by March 15.

Address mail to Charter Plane Committee, room 84, 166 Geary St., San Francisco, 8.

## Former Alameda Member Elected To Hawaii AA Office

The new General Service Delegate for the State of Hawaii for the 1965-66 term is Butch C., formerly of Alameda Fellowship, but now a resident of Kaneohe, Hawaii.

Butch was elected to the important AA post at the Third Annual Hawaiian State AA Convention held last November 21. He officially took office on January 1. His official address for the next two years will be P.O. Box 2384, Honolulu Hawaii, according to our long-time reporter and correspondent, Jack G., formerly of Monterey-Pacific Grove area, now a member of Kona Group, Kailua, Kona, Hawaii.

## New Ark Group is Founded at Fremont

The New Ark AA Group—which takes its name from Newark (Calif.) has been established and now meets regularly on Mondays from 8:00 to 10:00 p.m.

Meeting place is at St. James Episcopal Church, St. James Place, Fremont, Calif. To get there by car, take State Highway 17 South to Newark-Fremont area, turn off at the Thornton Off-Ramp, and then drive east about four blocks, just

## "GODSPEED" 7-1

Alice G., our pixyish correspondent, formerly of S. F. but now a resident of Hemet, Calif., sent a Christmas card and also enclosed a clipping from Parade Magazine. It reads:

Three elderly sisters, famous for their charitable contributions, were willed \$300 each. In keeping with their custom, one immediately sent her 100 to the March of Dimes; the second forwarded hers to the Cancer Society; the third, seeing a shabbily dressed man on the street, impulsively pressed the \$100 into his hand, gave him a warm smile and whispered, "Godspeed".

Next day the third sister was surprised to find the tramp knocking on her door. "Do you want to see me?" she asked.

"Yes, ma'am", he beamed. "Here's your \$800. Godspeed came in first and paid seven to one."

## Sunday Breakfast Group's Speakers

Five top-drawer AA speakers will highlight the meetings sponsored by the Sunday Breakfast Group in January, Bill P., program chairman, announced. The line-up is, as follows:

**Sunday, Jan. 3**—John S. S. F. Inter-County Fellowship.

**Sunday, Jan. 10**—Jane O'T., S. F. Inter-County Fellowship.

**Sunday, Jan. 17**—Ron B., Pleasant Hill.

**Sunday, Jan. 24**—"Bus" D., S. F. Inter-County Fellowship.

**Sunday, Jan. 31**—Florette P., Gratitude Group, Marin County.

Sunday Breakfast Group meets at the S. F. Alano Club, on Main Floor, each Sunday, one-half hour passed Noon—12:30 p.m., Wayne S., secretary, said.

## New Spanish Group

An all-Spanish language group has been founded in Centerville, Calif., in Southern Alameda County. For further information, please 'phone 538-2100, or write AA Service Center, room 366, Professional Center, 1079 "B" Street, Hayward, Calif.

beyond the grade school, and turn right.

The meetings are open, Godfrey B., secretary, said.